TORONTO metro®

Monday, September 12, 2011
www.metronews.ca

News worth sharing.

OLYMPIC CHAMP TRADES SKATES FOR RUNNING SHOES.

"I'm running so my daughter won't have to."

Catriona Le May Doan, O.C.
Two-Time Olympic Gold Medalist and participant in the Canadian Breast Cancer Foundation CIBC Run for the Cure

I'm running for my best friend's mom.

Join us on **Sunday, October 2** for the

Canadian Breast Cancer Foundation

CIBC Run for the Cure†

Visit a CIBC branch today, make a donation and select a gift from the CIBC Pink Collection™.

Visit cibc.com/runforthecure
and like us on /cibccommunitymatters

Download a free app at getmobio.com
Scan the QR code to register and donate.

Heather Davis
Olympic Rower Bronze Medalist
CIBC Employee

Canadian Breast Cancer Foundation 25 Years™

CIBC

For what matters.

™Trademark of the Canadian Breast Cancer Foundation, used under license. †Canadian Breast Cancer Foundation, Run for the Cure and pink ribbon ellipse are trademarks of the Canadian Breast Cancer Foundation. "CIBC Pink Collection" and "CIBC For what matters." are trademarks of CIBC.

9-11 CEREMONY
TORONTONIANS BOW HEADS FOR VICTIMS OF ATTACKS {page 3}

STUNNED
STEELERS FALL TO RIVAL RAVENS IN OPENER {page 43}

TORONTO metro®
Monday, September 12, 2011
www.metronews.ca
News worth sharing.

Health, education top teen concerns

Commute times, tuition costs also keep Ontario teens up at night, survey finds

Health and education are by far the top concerns of Ontario teens, says a survey of high school students to be released today.

Student Vote, a non-profit, non-partisan group that runs mock elections in schools, also found that students cite commute times and tuition fees as other big issues.

"I felt the most important issues were health care, transportation," said Trishanna Robertson, a Grade 12 student whose family moved to Ajax from Toronto two years ago.

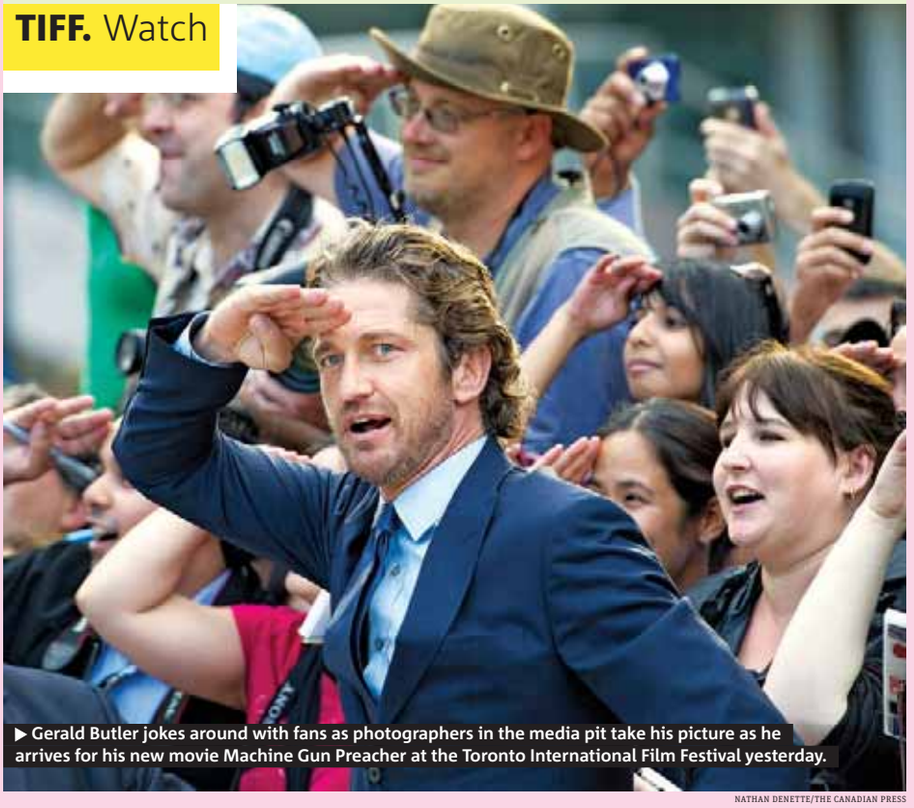
The online survey of 1,200 high school students found that 71 per cent of teens identified emergency-room wait times as a pressing health-care issue, followed by long-term care and "obesity."

"I never take the bus up here, I just get rides ... there's hardly any buses that come."
TRISHANNA ROBERTSON, GRADE 12 STUDENT IN AJAX

Tuition costs were cited as a concern by 87 per cent of respondents, followed by technology in education (28 per cent) and course fees (17 per cent).

TORSTAR NEWS SERVICE

TIFF. Watch



▶ Gerald Butler jokes around with fans as photographers in the media pit take his picture as he arrives for his new movie Machine Gun Preacher at the Toronto International Film Festival yesterday.

NATHAN DENETTE/THE CANADIAN PRESS

Butler shows his heart in new movie

Machine Gun Preacher, starring Gerald Butler and Michelle Monaghan, is about ex-biker-gang member Sam Childers who makes the life-changing decision to go to East Africa to help repair homes destroyed by civil war, and becomes outraged by the unspeakable horrors faced by the region's vulnerable populace, especially the children. More TIFF coverage, pages 32-33.

Why settle for old technology? Get LASIK!
Before Flat Screens
Before Laser Vision Correction
Laser vision correction starting at $490/eye*
Financing Available
LASIK MD VISION
FREE Consultation: 1-877-316-9888
All-Laser LASIK Available
MISSISSAUGA • TORONTO • VAUGHAN
NORTH YORK • WHITBY
* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only.

Longo's
a fresh tradition™

It's Anniversary Time!

Come celebrate with us & save on great anniversary deals!

39¢ /lb
Less than 1/2 price

Product of Costa Rica/Colombia
Fresh Bananas
0.86/kg

1.99 /lb
Less than 1/2 price

Certified Angus Beef
Fresh Ground Daily, Lean Ground Beef
4.39/kg

Effective Monday September 12th to Sunday September 18th, 2011. Available Only at Longo's Maple Leaf Square.

Just west of the ACC

Longo's Maple Leaf Square

48,000 sq. ft. full service store
15 York. Enter off Bremner
2 hours FREE parking with minimum $20 purchase

CORKS BEER & WINE BAR

Corks serves only Ontario boutique wines and craft beers.

Visit Corks Beer & Wine Bar Located at Longo's Maple Leaf Square Store.

10" stone oven pizza & pint of beer

only $10

Monday to Wednesday 11am to 10pm

Mississauga friendlier for pedestrians

CITY OF MISSISSAUGA PHOTOS

▶ Coun. Frank Dale.

Could it be? Mississauga, seen by many in the 416 as a sprawling car-dominated suburb, might be taking a pedestrian-friendly turn.

After the city opened its downtown Celebration Square in June, pedestrians previously hemmed in by a blur of cars on Hurontario Street and Burnhamthorpe Road suddenly had a space to themselves.

During the square's construction, City Centre Drive, the street that ran through its centre, was closed to traffic for almost two years.

What happened next was unexpected.

"Having the road closed really made it a vibrant square and it was great to see," said Coun. Frank Dale.

But cheap and easy parking downtown and streets as wide as parking lots run counter to modern pedestrian-friendly urban planning.

Celebration Square might change that.

"I feel very strongly that (City Centre Drive) should remain closed," Coun. Pat Mullin said last Wednesday.

"I don't know of a square anywhere that has been successful with a road going up the centre."

TORSTAR NEWS SERVICE

VINCE TALOTTA/TORSTAR NEWS SERVICE

▶ Toronto Emergency Services in Nathan Phillips Square, yesterday, pay tribute to emergency workers killed in the line of duty on 9-11.

Torontonians bow their heads for 9-11 victims

Flags were lowered in the city yesterday as emergency workers came together to salute those who were killed in New York a decade ago

Flags flew at half-mast and hands were held over hearts in Toronto yesterday as emergency responders came together to salute their lost brothers and sisters in New York City on 9-11.

About 200 participated in a morning ceremony at Nathan Phillips Square, many of them leather-clad and ready to saddle up for their 33rd annual ride for Christmas toys.

Sporting jackets emblazoned with Blue Knights for the Law Enforcement Motorcycle Club, or Red Knights for the biker firefighters, they also wore patches that commemorated the World Trade Center, where New York firefighters, police and Port Authority officers were killed.

As Jason Balgopal, chair of Community Centre 55, put it at an afternoon remembrance service at Woodbine Park's Millennium Garden: "Let us think of all those firefighters and police officers who ran into the buildings to give hope to the people running out."

Owen Sound paramedics Marsha and Ian Graham, members of the Red Knights, recalled being out on their bikes that morning, when they heard the news of the planes hitting the twin towers over the radio.

"It was a great day, just like today,'' Ian said as he pointed to the almost cloudless sky. "We couldn't believe it. We rode to the nearest ambulance station and watched the TV all day. Everybody was speechless."

TORSTAR NEWS SERVICE

Death toll

▶ **Lives lost.** When the towers fell, the death toll of nearly 3,000 included 340 New York firefighters, two paramedics, and a beloved chaplain. The NYPD lost 23 officers while the Port Authority counted 37 dead, plus a bomb-sniffing member of the K-9 unit.

1 news

Media coverage of 9-11 memorial ceremonies proves most powerful in capturing small moments of grief and regret. Scan code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Jobs and how to create them will be front and centre in the minds of investors on both sides of the border this week. Video at metronews.ca

Follow us on Twitter @metrotoronto

nanoblur™
LOOK UP TO 10 YEARS YOUNGER IN 40 SECONDS.
#1 SELLING SKU AT LEADING RETAILERS
IN ONE WORD... MAGIC! Nanoblur is quite simply tomorrow's high technology, today. It is not just another cream. It is a suspension of millions and millions of particles that reflect light perfectly in billions of directions to make the skin's surface appear completely flawless. Within seconds, pores appear to disappear. Fine lines appear to vanish. The skin texture appears nearly perfect. It's free of oil, colour, fragrances and parabens. And it's only $19. It's just that simple.
AVAILABLE AT 1700+ LEADING PHARMACIES INCLUDING:
SHOPPERS DRUG MART REXALL PHARMA PLUS PHARMASAVE NANOBLUR.COM
UNTREATED TREATED

Scrap school fundraisers: Report

Top 20 wealthiest public elementary schools raised $250,000 over three years The neediest 20 – $7,000

Ontario should ban school fundraising because of the "shocking" differences in amounts raised — but in the meantime Toronto's public board should consider pooling such monies among schools to ensure fairness, says a report to be released today by Social Planning Toronto.

The report in part used data obtained by the Toronto Star through freedom of information requests.

"It's quite shocking," said Lesley Johnston, research and policy analyst for Social Planning Toronto, which is funded by the United Way, City of Toronto and Ontario Trillium Foundation.

"I can't wrap my head around it, the sheer size of the differential. It's overwhelming to think of the opportunities."

Their report also found that, mostly through fees, the top 20 high schools brought in a whopping 920 times more money than the bottom 20 — $33,653 compared to $36.56.

"If you're a parent, your kids are constantly bringing home notes (from school) that say we have pizza lunch, we're selling magazines, and now we're going on a field trip," says Nadia Heyd, who has three children. "It felt like so much money was being asked for."

Heyd joined the parent council at her children's French immersion school, in part, to track the money.

But she says a course on fundraising at Ryerson opened her eyes to the equity issue.

"It just hit me," says Heyd. "What goes on at schools where people don't have money? Do they go on field trips? They probably don't go skiing or to Stratford."

TORSTAR NEWS SERVICES

Foundations

- The report also notes that about 30 Toronto public board schools have their own private foundations that fundraise — on top of any parent council activities. That money does not have to be publicly accounted for.

Pink. Celebration

PHOTO COURTESY EDWIN SANTIAGO

▶ Cancer survivors, wearing pink shirts, in the 9th annual Shoppers Drug Mart Weekend to End Women's Cancers celebrate their 60 km accomplishment yesterday in Toronto.

Nearly $10M for cancer research

Thousands of men and women went the distance Saturday and Sunday for the Weekend to End Women's Cancers, raising $9.4 million for the Princess Margaret Hospital and cancer research.

College buildings in poor shape: Students

Leaky gymnasium ceilings with buckets to catch the drips, exposed pipes and rotten foundation beams are damaging the quality of Ontario's community college experience, warns the province's College Student Alliance, which is releasing a stark online photo gallery today as part of its election push for better post-secondary funding.

"Repairs and deferred maintenance don't sound like a sexy campaign issue, but they could become a crisis of health and safety if they aren't dealt with," said Jim Robeson, the alliance's director of advocacy.

The 15 photos were taken this summer by staff and students at colleges across the province.

The student group cites an Ontario auditor-general report that warns the value of deferred maintenance on college campuses is between $568 million and $748 million — with $70 million that needs fixing within one year.

Yet no party has properly dealt with the problem over the past 20 years, said Alliance President Brian Costantini, whose group represents about 130,000 students across 15 of the province's 24 colleges. It is calling on students to educate themselves on the parties' platforms.

TORSTAR NEWS SERVICE

SUBMITTED

▶ One of the photos taken this summer shows an exposed ceiling.

Decline

- Queen's Park has given colleges $13.3 million a year over the past decade to fix facilities, plus occasional one-time grants, and together Ottawa and Ontario gave colleges some $300 million for repairs between 2006 and 2010, and $556 million more in capital grants in 2010/2011.
- Yet the auditor-general's report found the condition of college campuses on the decline, with at least half in "poor repair."

Dead dad may not have been target: Police

Toronto police say a young father shot one year ago in a laneway after buying juice for his kids may not have been the intended target.

It has been one year since Jahmeel Spence, 27, was shot multiple times in Toronto's east end and police are appealing for information about a car seen in the area. They say a man was seen driving away in an older-model, four-door, light-blue Honda Acura the night Spence was "senselessly" killed.

Homicide Insp. Mark Saunders says the car may have since been altered in appearance, either with paint or a decals.

The inspector says evidence suggests that Spence wasn't the killer's real target. THE CANADIAN PRESS

Sanitary man: Suave, with very clean hands

Miguel Jose Ruiz, a 33-year-old exercise therapist and possible newly anointed hospital heartthrob, stars in a short film entered in Rouge Valley's Hands Up Film Festival (HUFF).

The online competition to promote hand hygiene features 10 one-minute amateur videos produced by staff, doctors and volunteers at Centenary hospital in Scarborough and Rouge Valley Ajax and Pickering hospital in Durham Region.

"Hello ladies, look at your man, now back to me," a robed Ruiz beckons from the shower. "Sadly, he isn't me but he could have hands as clean as mine."

Anything's possible, he croons, "when you follow the four moments of hand hygiene." For hospital workers, that means washing hands before and after patient contact; before an aseptic procedure such as changing a dressing; and after exposure to body fluids.

It's an important message in a health-care system that sees 220,000 Canadian patients a year with hospital-acquired infections, resulting in 8,000 deaths, says Paula Raggiunti, director of infection prevention and control.

"Hand hygiene is the single most important contribution anyone can make to reduce the spread of infection in hospitals."

TORSTAR NEWS SERVICE

SUBMITTED

▶ Miguel Jose Ruiz.

FROM THE MAKERS OF
nanoblur®

#1 SELLING SKU AT LEADING RETAILERS
#1

okrapeptide®

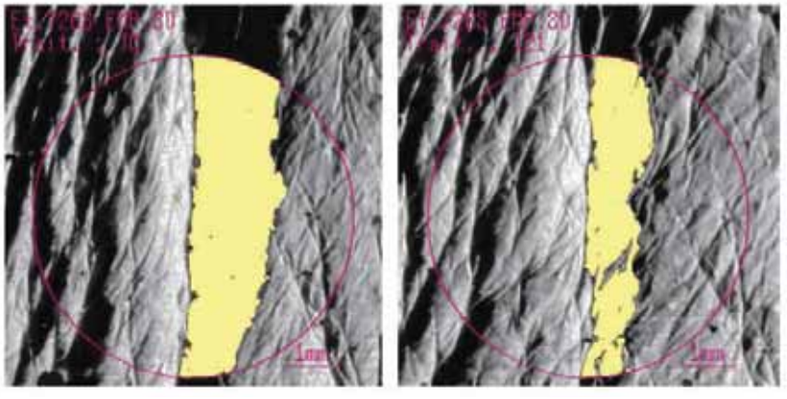
Made of Okra and Not Botox®*

Yes! There is a natural alternative to injections like Botox®*. Like many injections, it's clinically tested and proven in a double-blind study to reduce the look of expression lines around the eyes and on the forehead. Unlike injections, it's made of the African okra plant, it's topically applied and it's found in a tube at a drugstore near you. You will feel its effect upon application, see results within a few days and continue to look better week after week. It's tested and recommended by a leading celebrity dermatologist. It's backed by a 90-day money-back guarantee. **And it's only $36.99.**

Clinically-Proven Results

Depth of wrinkle before treatment

Depth of wrinkle after 3 weeks of treatment with our natural peptide



Meet Celebrity Dermatologist, Dr. Nowell Solish.

I treat thousands of patients with Botox® and fillers every year, including many celebrities. Many of my patients seek alternatives to these injections. Some prefer topical treatments. Others look for the safety inherent with naturally-derived technology — while some wish to maintain more consistent results in between their injections. Okrapeptide's technology is superb, reliable and safe. I highly recommend it.

Signed by Dr. Nowell Solish on July 8, 2011

Only at
SHOPPERS DRUG MART

*This statement offers a comparison between the application methods of this topical product and the injection required to administer Botox. Botox is a registered trademark of Allergan, Inc. Indeed Laboratories Inc. and/or Okrapeptide are not affiliated with Allergan, Inc. or Botox.

to see how fast it is to use

Visa payWave™ turn the page.

fly-thru
with Visa payWave™

now there's a faster way to pay at McDonald's®.

check. wave. go

more people go with Visa | VISA

*Visa claim based upon global number of general purpose cards, number of transactions and purchase volume. Visa payWave can be used for most purchases under $50 (taxes included). At participating McDonald's® restaurants in Canada.

Visa is a trademark of Visa Int.; Visa Canada is a licensed user. ©2011 McDonald's. ® are trademarks licensed from McDonald's Corporation.

More than just Point A to Point B

Marketing expert says customer service is key for future air-rail link for 2015 Pan Am Games

It's a big project, one of the biggest in Toronto's transportation history. But it's not being headed by an engineer.

Instead, Kathy Haley, who is charged with driving the new Metrolinx air-rail link (ARL) to completion in time for the 2015 Pan Am Games, brings a marketing and customer-service pedigree to the job.

Increasingly, customer service is considered a core part of the transit business, with companies such as Porter Airlines raising expectations among travellers. And when it comes to launching a train that

BERNARD WEIL/TORSTAR NEWS SERVICE

▶ Kathy Haley

will mark the first and final experience of Toronto to millions of travellers, Haley says image is the last thing the ARL can leave to chance.

So far, the project is on time and on budget, she says. The locomotives are on order and a contract, expected to be worth about $300 million, to build the 3.3 kilometre spur off the Georgetown GO line into Terminal 1 will be awarded by the end of the year.

Haley sees the ARL as "a phenomenal opportunity to build memorable customer experiences that really profile Toronto to the world.

"This is more than just Point A to Point B in terms of moving people. This is creating an easy, professional, fast experience that gets them right to the heart of the city," she said.

TORSTAR NEWS SERVICE

Chinatown. Festival

▶ A crowd watches as performers from Northern Legs Southern Fists do the traditional lion dance at the 11th annual Chinatown Festival on Spadina Avenue on the weekend. An estimated 150,000 people attended the event this year, organizers said.

PHOEBE HO/FOR METRO

A roaring good time was had by all

Arrest made in homicide

The death of a 34-year-old man in Owen Sound is being treated as a homicide, city police say. The victim was injured on Saturday and taken to hospital where he was pronounced dead. Police arrested a 46-year-old woman.

THE CANADIAN PRESS

Suspicious death probed

The sudden death of a 41-year-old man in Arnprior, west of Ottawa, is under investigation. Officers cordoned off an Edward Street home where the body was found after an incident Saturday night. An autopsy will determine the cause of death.

THE CANADIAN PRESS

Police search for boaters

A search continues today off Ashbridges Bay after an empty boat was found floating in Lake Ontario. Five vessels and two helicopters from CFB Trenton are scanning the water between Ashbridges Bay and the islands. Authorities don't know if anyone was aboard. THE CANADIAN PRESS

Whitewater rafting, zip-lining, bungee jumping?

YES!

Stepping out of your comfort zone is one of the great things about traveling. You will walk away with an adrenaline rush and an unforgettable memory. You've decided to reach for the extreme, now make sure you're covered for it. Comprehensive travel insurance can help.*

Visit www.InsuranceHotline.com for your free quote today! Or call **1-877-372-2994**

InsuranceHotline.com

Your search engine for lower insurance rates

*As with all insurance policies, it's important to check the details to understand the conditions and restrictions that may affect your coverage and/or claims.

CAMPAIGN TRAIL

NDP leader takes break for 9-11

Ontario NDP Leader Andrea Horwath stepped back from the breakneck pace of the campaign trail yesterday to commemorate the 10th anniversary of 9-11 not as a politician, but "just as a person."

"I'm here as a fellow human being," Horwath said as she attended the Toronto Emergency Services memorial dressed in black.

"Yes we are in the middle of a very rigorous election campaign, but there are some times when you have to step back and say the world is a bigger place than just Ontario politics."

The ceremony was the lone event on Horwath's schedule yesterday.

THE CANADIAN PRESS

Hudak no match for TIFF stars

It turns out Tim Hudak doesn't have the same star power as actors. The Conservative leader drew a small crowd at a campaign stop at a gelato shop, failing to impress customers hoping to spot A-listers.

THE CANADIAN PRESS

Football wager to help kids

Ontario Tory Leader Tim Hudak has made a friendly wager with journalists. The side that picks the fewest winning teams through the first few weeks of the NFL season will give $100 to the Hospital For Sick Children. THE CANADIAN PRESS

Say sorry, Tim: Premier

DAVE CHIDLEY/THE CANADIAN PRESS

▶ Premier Dalton McGuinty helps Lance Stronghill try on a firefighter's helmet at a ceremony in London marking the 10th anniversary of 9-11, as well as the unveiling of a memorial to local firefighters.

McGuinty wants Hudak to apologize for 'foreign' comments

Premier Dalton McGuinty is calling on Progressive Conservative Leader Tim Hudak to apologize for referring to new Canadian citizens as foreigners.

Hudak has derided a Liberal plan to give some businesses a tax credit for training new Canadian citizens as an "affirmative action program to hire foreign workers."

During the first week of the election campaign, the Liberals have been trying to brand Hudak's position as downright xenophobic.

Yesterday, McGuinty said he was disappointed by Hudak's comments and asked the Tory leader to apologize.

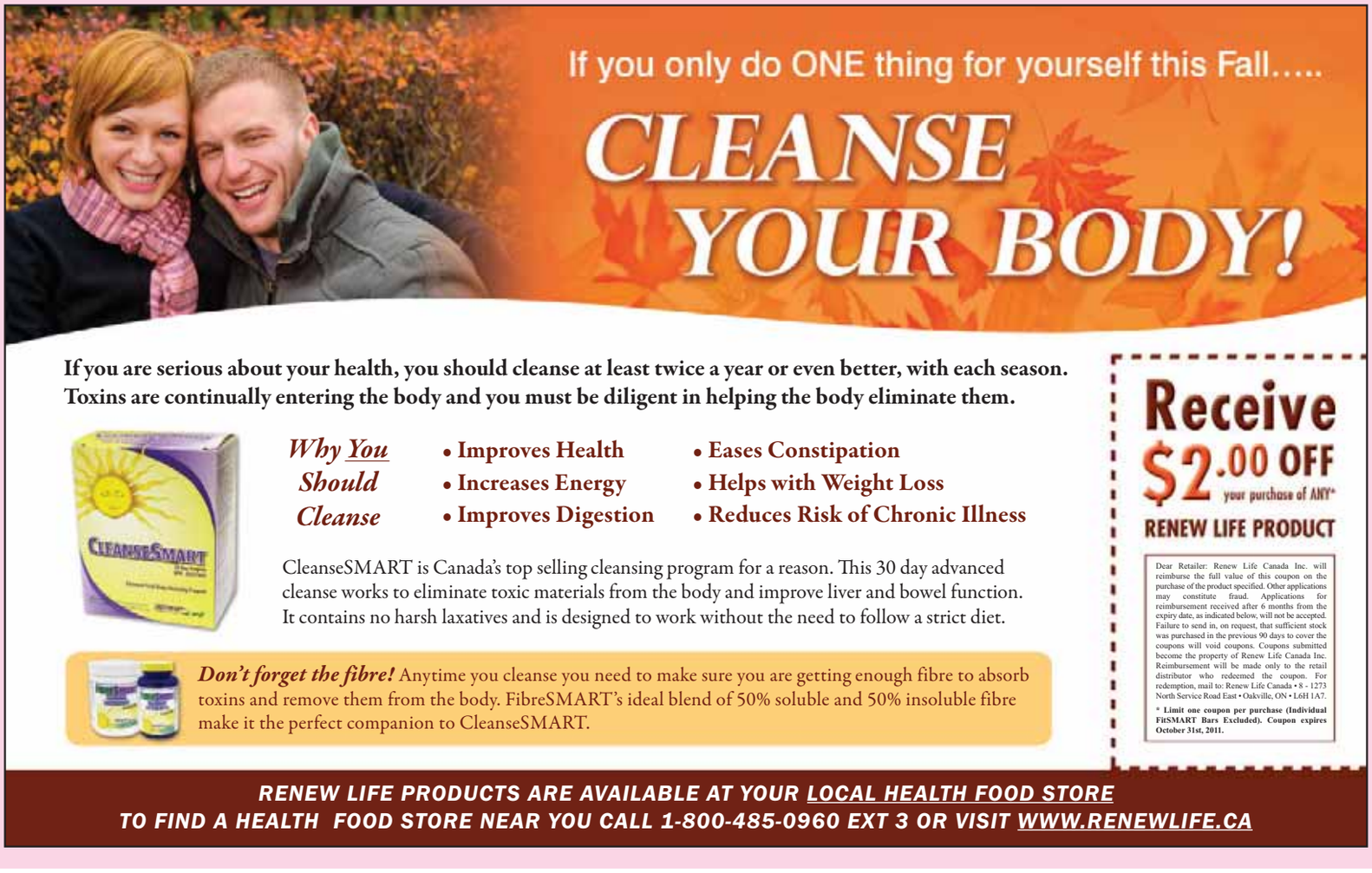
The $10,000 tax credit would offset training costs for up to one year for new Canadian citizens who have been here five years or less and are in professions such as architecture, accounting or engineering.

The Liberals acknowledge the $12-million program would only help between 1,000 and 1,200 people a year.

THE CANADIAN PRESS

"This is one of the most divisive policies in memory — that's picking special favourites among residents of Ontario, or people moving into the province."

ONTARIO PC LEADER TIM HUDAK ON LIBERAL TAX CREDIT PLAN


If you only do ONE thing for yourself this Fall.....
CLEANSE YOUR BODY!
If you are serious about your health, you should cleanse at least twice a year or even better, with each season. Toxins are continually entering the body and you must be diligent in helping the body eliminate them.
CleanseSMART
Why You Should Cleanse
• Improves Health
• Increases Energy
• Improves Digestion
• Eases Constipation
• Helps with Weight Loss
• Reduces Risk of Chronic Illness
CleanseSMART is Canada's top selling cleansing program for a reason. This 30 day advanced cleanse works to eliminate toxic materials from the body and improve liver and bowel function. It contains no harsh laxatives and is designed to work without the need to follow a strict diet.
Don't forget the fibre! Anytime you cleanse you need to make sure you are getting enough fibre to absorb toxins and remove them from the body. FibreSMART's ideal blend of 50% soluble and 50% insoluble fibre make it the perfect companion to CleanseSMART.
Receive $2.00 OFF your purchase of ANY* RENEW LIFE PRODUCT
Dear Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be accepted. Failure to send in, on request, that sufficient stock was purchased in the previous 90 days to cover the coupons will void coupons. Coupons submitted become the property of Renew Life Canada Inc. Reimbursement will be made only to the retail distributor who redeemed the coupon. For redemption, mail to: Renew Life Canada • 8 - 1273 North Service Road East • Oakville, ON • L6H 1A7.
* Limit one coupon per purchase (Individual FitSMART Bars Excluded). Coupon expires October 31st, 2011.
RENEW LIFE PRODUCTS ARE AVAILABLE AT YOUR LOCAL HEALTH FOOD STORE
TO FIND A HEALTH FOOD STORE NEAR YOU CALL 1-800-485-0960 EXT 3 OR VISIT WWW.RENEWLIFE.CA

MEMBERS GET

THE LATEST BLACKBERRY SMARTPHONES.

Choose from Unlimited options with no term contracts all on your Virgin Mobile SuperTab™.

GET NON-STOP BENEFITS FROM DAY 1.

IN-STORE CREDIT $50 OR GIFT CARD

BlackBerry Torch™ 9810 4G

$149.99

BlackBerry Curve™ 9360

$49.99

IN-STORE CREDIT $70 OR GIFT CARD

BlackBerry Bold™ 9900 4G

$169.99

The new BlackBerry 7 line-up gives you the fastest, most fluid BlackBerry experience ever.

Virgin mobile

IT'S BETTER TO BE A MEMBER

Virgin mobile · THE SOURCE · FUTURE SHOP · Walmart · BEST BUY · WIRELESSWAVE · booth WIRELESS etc... · COSTCO WHOLESALE · VIRGIN MOBILE AT MUCH

A one-time activation charge of $35 may apply to each line. The following monthly fees apply in select provinces for 911 emergency services: NB ($0.53), NS ($0.43), PEI ($0.50), SK ($0.62) and QC ($0.40). All pricing plans are subject to change without notice. Cannot be combined with any other offer, unless otherwise indicated. Prices require activation on the Virgin Mobile SuperTab™. For the full details, go to virginmobile.ca/super. Taxes extra. Retailers may sell for less. In-store credit and gift card each subject to its own terms and conditions. "Virgin Mobile" and the Virgin Mobile logo are trademarks of Virgin Enterprises Ltd. and used under license by Virgin Mobile Canada. All other trademarks are the property of their respective owners and used with permission.

Captain sought in fatal ferry sinking

More than 240 people were killed when a crowded ferry sank off Tanzania's coast and some 600 have been rescued, officials said yesterday, figures that indicate the boat was filled beyond capacity.

Assistant police commissioner Mussa Ali Mussa, the head of police in Zanzibar, said yesterday that at least 240 people died when the ferry sank early Saturday. His comments were broadcast by state-owned channel TBC.

Relatives had claimed 192 bodies and 28 more were awaiting identification yesterday, said Mohammed Aboud Mohammed, the minister for state in the vice-president's office on the island of Zanzibar. He said around 600 people had been rescued so far and that the government was still looking for the vessel's captain. THE ASSOCIATED PRESS

Kids alone at sea

- International charity Save the Children described the "incredible bravery" of young survivors, including one six-year-old with a life-jacket who saved his 18-month-old brother by holding on to him in the sea for four hours until they were rescued.
- The charity said another set of brothers — aged 7 and 9 — clung to a floating freezer to stay alive.
- The charity said they had been given clothes, food and clean water and that 79 out of 129 children it has cared for have been reunited with their families.
- "Children arrived at our centre freezing, dehydrated and suffering from shock," said Mubarak Maman, the charity's team leader in Zanzibar.

▶ Egyptian army soldiers guard the shattered entrance of the Israeli embassy in Cairo, Egypt, yesterday. Israel and Egypt's leadership have tried to limit the damage in ties after protesters stormed Israel's embassy in Cairo, trashing offices and prompting the evacuation of nearly the entire staff from Egypt in the worst crisis between the two countries since their 1979 peace treaty.

C.C. lost 78 lbs
in 4½ months and has
kept it off since 2004.
RESHAPE YOUR FIGURE
AND YOUR OUTLOOK.
C.C. was afraid to try dieting and always hid her figure under sweaters and loose clothes. Then, she learned about the benefits of Dr. Bernstein's program. In only 4½ months, she lost 78 lbs and gained confidence. Now filled with optimism, she feels like a different person.
Start your own success story today:
• Lose up to 20 lbs every month.
• No diet pills, no surgery, no exercise required.
• Medically supervised weight loss. Guaranteed.†
Yes, you can.
Dr. BERNSTEIN
Diet & Health Clinics
1.888.DR.B.DIET
DrBDiet.com
†Minimum weight loss of 10 lbs. per month is guaranteed. Compliance with our program is required.

NASSER NASSER/THE ASSOCIATED PRESS

Israeli embassy attack widens rift in Egypt

Aim of protesters was to tell army it cannot rule with same authoritarian attitude as Mubarak, or continue with his strongly pro-Israeli policies

The surprise assault on Israel's embassy in Cairo has pushed Egypt's ruling military deeper into confrontation with a protest movement openly accusing the country's caretakers are trying to cling to the legacy of Hosni Mubarak rather than dismantle it.

A potentially destabilizing showdown between the two rivals now seems increasingly likely.

Israel, not surprisingly, saw the rioting and break-in by protesters — who exuberantly trashed offices and threw documents out the window — in the context of its peace deal with Egypt. It seemed an ominous sign of Egyptians' hatred of Israel unleashed and running wild.

"We are now somewhere between revolution and chaos, between toppling a regime and toppling the entire state."
THE GOVERNMENT-OWNED AL-AHRAM DAILY, WARNING IN A FRONT PAGE EDITORIAL YESTERDAY THAT ECHOED THE MILITARY'S THINKING

But Egypt's generals were just as much the target of the protesters.

The scene was a message to the military that while they may rule, they can't carry the power by intimidation that Mubarak did. Protesters, and a growing part of the public, are becoming increasingly critical of a military they say is too close to the old regime, doing little to bring democracy and committing new abuses of its own.

"It is a conflict between a party that is trying to reproduce the old regime and a revolution that continues to press for its demands to be met," said protest leader Khaled Abdel-hamid.

The military has responded to the late Friday night attack on the Israeli embassy by warning that the country's entire stability is in danger.

In a statement read on state TV, the military and the civilian government said Egypt was passing through a crisis "that threatens the very body of the state." The leadership vowed to use tough emergency laws that were the hated hallmark of Mubarak's 29-year regime and that the military had promised repeatedly to erase.

That smacks of preparation for a heavier crackdown of some sort, according to some in the youth-dominated groups who led the 18-day uprising that toppled Mubarak in February. THE ASSOCIATED PRESS

Military trying to demonize revolution, analyst says

The military has been the most dominant force in Egypt since army officers seized power in a 1952 coup that toppled the monarchy, providing the country with its four presidents since then and filling many of key posts. To the military, the youth groups that engineered the uprising pose an unprecedented threat to its claim to power.

"There is cumulative evidence to suggest that efforts are being made (by the military) to contain the revolution and empty it of its contents," said political analyst Ammar Ali Hassan. THE ASSOCIATED PRESS

we day
Celebrating the youth movement for global change.
Join us. Begin at facebook.com/weday.
1 =$1
For every like, $1 will be donated to Free The Children.
We Day is an initiative of Free The Children.
Visit weday.com for more info.
FREE THE CHILDREN
children helping children through education
Watch We Day live on September 27 at MuchMusic.com/weday.

comwave
Long Distance

Long Distance
Lowest Rate GUARANTEED

Crystal clear quality

3.9 ¢/min	5.9 ¢/min	7.9 ¢/min	1.9 ¢/min	7.9 ¢/min
Bangladesh	Iran	Lebanon	Romania	Ukraine

Australia	1.9 ¢/min	Israel	1.9 ¢/min	South Korea	2.9 ¢/min
Bosnia	13.9 ¢/min	Italy	1.9 ¢/min	Sri Lanka	9.9 ¢/min
China	1.9 ¢/min	Lebanon	7.9 ¢/min	Trinidad	4.9 ¢/min
Colombia	from 3.9 ¢/min	Mexico	from 1.9 ¢/min	U.A.E.	14.9 ¢/min
Cuba	89.9 ¢/min	Pakistan	5.9 ¢/min	U.K.	2.9 ¢/min
El Salvador	9.9 ¢/min	Philippines	11.9 ¢/min	Vietnam	4.9 ¢/min
Germany	1.9 ¢/min	Poland	1.9 ¢/min	Serbia	7.9 ¢/min
India	2.9 ¢/min	Russia	from 1.9 ¢/min		

Make long distance calls from your HOME or CELL PHONE

1 cent to India

- Calling India at only 1¢ per minute
- Available on your home or cell phone
- $10 month - 1000 Minutes per Month - 1¢

1 ¢ / min

Canada Unlimited

- Unlimited calling to anywhere in Canada
- Available on your home or cell phone

$5 /month

comwave
www.comwave.ca

1-866-516-0236

Follow Us...

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The India 1000 Bundle carries a monthly fee of $2.95. Bundles cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Minutes in excess of 1000 minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.net for details.

comwave
Home Phone

Home Phone Line

6 Months FREE

Satisfaction Guaranteed or you pay nothing!

UNLIMITED Worldwide Calling

Global Unlimited

Unlimited calling to almost 60 countries
Including India

Limited Time Offer
6 Months FREE

- ✓ 6 Months FREE
- ✓ Over 14 FREE features
- ✓ Keep your existing phone number

$29.95 /month

comwave
www.comwave.ca

1-866-516-0236

Follow Us...

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: VoIP 911 has certain limitations versus traditional 911. The 6 Month Free Promotion and the rate of $29.95 is based on a 3YR term. You have a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within 30 days with no further obligation. You will receive an additional 3 months free for a total of 6 months free if you transfer your phone from your existing provider to Comwave in the first 30 days. Terms and conditions apply, see www.comwave.ca for details.

Anti-U.S. protests mar anniversary

The Sept. 11 attacks spawned many conspiracy theories around the world, especially among Islamists who allege American or Israeli involvement.

Malaysia's former prime minister Mahathir Mohamad, a vitriolic critic of the West, wrote on his blog that Arab Muslims are incapable of "planning and strategizing" such attacks. He added "it is not unthinkable" for former U.S. president George W. Bush to have lied about who was responsible.

In Pakistan, about 100 supporters of an Islamist political party staged anti-U.S. protests in Islamabad and Multan to mark the anniversary, holding up banners that repeated conspiracy theories. In Karachi, another 100 people protested the war in Afghanistan, launched in response to the attacks.

A few dozen demonstrators gathered outside the U.S. Embassy in London, with one group setting fire to a depiction of a U.S. flag during a minute's silence held to mark the moment when the first hijacked airliner hit the World Trade Center. A small group of Muslims staged a counter-demonstration nearby.

The Taliban marked the anniversary by vowing to keep fighting against U.S. forces in Afghanistan and saying they had no role in the Sept. 11 attacks.

Hours later, a Taliban suicide bomber in a large truck blew it up at the gate of a NATO combat outpost in eastern Afghanistan, killing two civilians and injuring 77 U.S. troops. None of the U.S. injuries were life-threatening, the Atlantic alliance said.

THE ASSOCIATED PRESS

▶ Robert Peraza, who lost his son Robert David Peraza in the attacks at the World Trade Center, pauses at his son's name at the North Pool of the 9-11 Memorial before the 10th-anniversary ceremony at the site yesterday in New York.

HIGHER GRADUATION RATES. ONTARIO'S EDUCATION SYSTEM IS ON THE RIGHT TRACK.

Speak for Children.ca

Speak for children here:

ONTARIO ENGLISH Catholic Teachers ASSOCIATION

LET'S NOT TAKE A STEP BACK. CONSIDER EDUCATION WHEN YOU VOTE ON OCT 6!

SpeakForChildren.ca

Authorized by the CFO of the OECTA. Photo by John Beebe. Creative by STCworks.ca

JUSTIN LANE/POOL/THE ASSOCIATED PRESS

Sept. 11 anniversary marked worldwide

From Sydney to Spain, formal ceremonies paid tribute to the nearly 3,000 who perished from more than 90 countries

A mother in Malaysia greeted her dead son. People in Manila left roses for the victim who helped give them homes. And mourners in Tokyo stood before a piece of steel from Ground Zero, remembering the 23 bank employees who never made it out alive.

A decade after 9-11, the day that changed so much for so many people, the world's leaders and citizens paused to reflect yesterday.

For some people, the pain never stops. In Malaysia, Pathmawathy Navaratnam woke up yesterday in her suburban Kuala Lumpur home and did what she's done every day for the past decade: Wish her son Vijayashanker Paramsothy "Good morning."

The 23-year-old financial analyst was killed in the attacks on New York.

"He is my sunshine. He has lived life to the fullest, but I can't accept that he is not here anymore," said Navaratnam. "I am still living, but I am dead inside."

In Japan, families gathered in Tokyo to pay their respects to the 23 Fuji Bank employees who never made it out of their World Trade Center office. A dozen of the workers who died were Japanese.

Sydney resident Rae Tompsett, 81, said she's never felt angry over the murder of her son Stephen Tompsett, 39, a computer engineer who was on the 106th floor of the World Trade Center's north tower when it was hit by a hijacked plane.

"No, not anger," she said. "Sorrow. Sorrow that the people who did this believed they were doing something good."

The retired schoolteacher and her husband Jack, 92, were among more than 1,000 people who packed Sydney's Roman Catholic cathedral St. Mary's for a special multi-faith service.

"It's incredible that it is 10 years — it feels a bit like yesterday," Tompsett said.

About 150 people, some waving American flags, turned out in Madrid for a commemorative planting of 10 American oak trees in Juan Carlos I park by Crown Prince Felipe, his wife, Princess Letizia, and other dignitaries.

THE ASSOCIATED PRESS

Terror arrests

In a reminder that threats remain, Swedish police said four people were arrested yesterday in the west-coast city of Goteborg on suspicion of preparing a terror attack.

Japan remembers earthquake victims

Up and down Japan's devastated northeast coast, survivors prayed and communities came together yesterday to mark six months since the massive earthquake and tsunami struck on March 11.

As the world commemorated the 10th anniversary of the World Trade Center attacks, Japanese parents hung colourful paper cranes for their lost children and monks chanted in front of smashed buildings.

Thousands also marched in the streets to demand that the country abandon nuclear power because of damage to the Fukushima Dai-ichi nuclear plant.

THE ASSOCIATED PRESS

WE'VE GOT CANCER
RUNNING SCARED
GENOMICS is pinpointing disease-causing DNA sequences in a single cell. Armed with new technology that spots cancer right at its source, we can now identify the disease early, so it can be treated faster. Soon, cancer will have no place left to hide.
Fighting the world's worst enemies.
Find out how @ WhyGenomics.ca
OntarioGenomicsInstitute

News in brief

SARAH A. MILLER/THE ASSOCIATED PRESS

Wildfire in U.S. destroys homes

TEXAS. The number of homes destroyed by a Texas wildfire has risen to 1,554 and is expected to further increase as officials enter more areas where the blaze has been extinguished, officials said yesterday. Seventeen people remain unaccounted for. **THE ASSOCIATED PRESS**

Nate makes landfall

MEXICO. A weakened Tropical Storm Nate made landfall on Mexico's Gulf coast yesterday, where officials opened shelters as a precaution but said the storm was having little impact.

Nate hit just before noon local time north of Barra de Nautla in the state of Veracruz where Gov. Javier Duarte said there were no reports of damage or injuries and rivers remained below risk level.

THE ASSOCIATED PRESS

5 arrested on suspicion of enslaving men

BRITAIN. Five people have been arrested in Britain on suspicion of holding two dozen men in squalid conditions against their will and forcing them to work for no pay, police said yesterday.

More than 200 officers were involved in the early morning raid, police said.

THE ASSOCIATED PRESS

LIBYAN REBELS FACE

A spokesman for Libya's new interim government acknowledged that resistance is considerable

Fierce resistance by Moammar Gadhafi loyalists entrenched in two strongholds has stalled the rebels' final push for complete control over Libya.

Three weeks after the fall of Tripoli appeared to herald the end of Libya's brutal civil war, the protracted battle over the loyalist bastions of Bani Walid and Sirte, Gadhafi's hometown, has dashed hopes of a speedy "declaration of liberation" that would start the clock ticking on a transition to democracy.

Libya's new rulers say that capturing the towns, along with the remote southern stronghold of Sabha, is just a matter of time. They insist they've been slowed by unsuccessful attempts to negotiate surrender deals with tribal leaders — with two envoys from the negotiation team killed yesterday.

However, the former rebels may have underestimated the continued support for Gadhafi in Bani Walid and the other strongholds, which had been favoured by the old regime with jobs, investments and other perks.

Arguments among anti-Gadhafi fighters have further complicated the assault, especially in Bani Walid, home to the Warfala, Libya's largest tribe with about 1 million people, or one-sixth of the country's population.

In recent days, fighters who had rushed to the front from other towns complained bitterly about being kept out of the battle by their comrades from Bani Walid, who told them they do not want outside help.

The out-of-town fighters said Bani Walid natives at times prevented them from searching homes or carrying out arrests of relatives who were on the Gadhafi side.

THE ASSOCIATED PRESS

Losing steam

Outgunned. Yesterday, anti-Gadhafi fighters returning from fierce street battles in Bani Walid said they felt demoralized and outgunned.

They said they had come under heavy attack from rooftop snipers and loyalists firing mortars and Grad rockets.

GET CRACKING® FOR THE CAUSE
www.amazingEGGrace.ca
Visit us for a chance to win $15,000 in cash and support the Canadian Breast Cancer Foundation CIBC Run for the Cure!
Enter this code word at www.amazingEGGrace.ca:
BREAKFAST
Official National Sponsor of
Canadian Breast Cancer Foundation
CIBC Run for the Cure
Running Room
GET CRACKING.
eggs.ca
save $1 OFF THE PURCHASE OF 2 DOZEN EGGS
With your purchase of eggs, Egg Farmers of Canada will donate a total of $25,000 in support of the Canadian Breast Cancer Foundation CIBC Run for the Cure.
EXPIRY DATE: November 30, 2011
GET CRACKING.
Dealer: On any 2 dozen eggs or 2 cartons of 18 eggs. Applicable on purchases of any type and any brand of shell eggs. Egg Farmers of Canada will reimburse you the face value of this coupon plus specified handling fee upon receipt of the coupon toward the purchase of the specified product. Other applications may constitute fraud. Failure to send in, on request, evidence that sufficient stock was purchased in the previous 90 days to cover coupons presented will void coupons. Coupons submitted become our property. For redemption, mail to: Egg Farmers of Canada, P.O. Box 1600, Pickering, Ontario, L1V 7C1.
Consumer: Reproduction of this coupon is expressly prohibited. Limit one coupon per customer. Not valid with any other coupon offer. Coupon valid in Canada only.
3800818

TOUGH FIGHT ON TWO FRONTS

JOSEPH EID/GETTY IMAGES

▶ A Libyan fighter loyal to the National Transitional Council (NTC) rides a donkey yesterday he named Moammar Gadhafi at an outpost in Wadi Dinar, Libya.

Niger confirms Gadhafi's son in the country

A convoy carrying ousted Libyan leader Moammar Gadhafi's son al-Saadi has crossed into neighbouring Niger, a government spokesman for Niger's government said yesterday, the latest high profile former regime figure to flee to the landlocked African nation.

Al-Saadi, the fugitive ruler's 37-year-old son, entered Niger in a convoy with nine other people, said Niger Justice Minister Amadou Morou. The vehicles are travelling south toward the outpost of Agadez, where other fleeing Libyan loyalists are believed to be holed up in a hotel.

"I wish to announce that one of Gadhafi's sons — al-Saadi Gadhafi — was intercepted in the north of Niger by a patrol of the Nigerien military," Morou told reporters late yesterday.

Since last week, several convoys carrying senior officials of the former Libyan regime as well as civilians and soldiers have made their way across the porous border into Niger.

THE ASSOCIATED PRESS

sexcetera

A SPECIAL FEATURE DEVOTED TO LOVE, SEX & RELATIONSHIPS IN TODAY'S WORLD.

IN TOMORROW'S METRO

PRESENTED BY: FIRST RESPONSE metro

MEN & WOMEN
We are looking for healthy volunteers to participate in clinical research studies

416.759.5554
pharmamedica.com

You will be financially compensated upon completion of the study

PHARMA MEDICA RESEARCH INC.

RESEARCH STUDY
DO YOU HAVE ARTHRITIS?
ARE YOU EMPLOYED?
WE NEED YOUR HELP!
We are looking for adults aged 25 - 65 who have arthritis and are currently employed to complete a short research questionnaire and telephone interview.
For information about this important research, please call Jessi at the Arthritis Community Research & Evaluation Unit (ACREU), University Health Network.
Toll Free: 1-866-724-0003
ACREU
University Health Network

Canada's National Notary Public Company
Notarization & Legalization
Notarization
Commissioners of Oaths
Certified True Copies
Mobile Notary
Affidavits
E-Document Certification
Passport Processing Services
Over 100 Locations Across Canada
Red Seal NOTARY
Fingerprinting
Background Checks
Land Title Searches
Consent to Travel
Authentication & Legalization (Apostille)
Visa Processing Services
Visit our Walk-In Locations Today
TORONTO | MISSISSAUGA
NORTH YORK | OTTAWA
www.RedSealNotary.com
1-888-922-7325

Love amid 9-11 horror

British engineer, Texas woman wed after meeting in Gander, N.L.

RYAN REMIORZ/THE CANADIAN PRESS

▶ Nick and Diane Marson return to Newfoundland to take part in the 10th anniversary memorial.

The horror that ripped so many lives apart on Sept. 11, 2001, brought Nick and Diane Marson together in, of all places, a 9-11 shelter in Gambo, N.L.

Diane had been visiting family in England and was returning home to Houston, Texas, on the same flight that Nick, an oil-industry engineer, had boarded for business.

They were among 6,600 passengers and crew diverted to Gander and surrounding communities.

The strangers first met when Nick approached Diane at a shelter in nearby Gambo, and asked if he could "bed down" on an army cot beside her. Four days later, as the new friends rode a school bus toward the now reopened airport, Nick reached over to kiss a teary Diane on the forehead. She laughs as she tells how she instead planted a proper kiss on the buttoned-down Englishman.

"A single journey for each one of us changed the course of the rest of our lives."
DIANE MARSON, IN AN INTERVIEW IN NEWFOUNDLAND ON HER RETURN WITH HER HUSBAND TO MARK THE ANNIVERSARY OF 9-11.

Nick visited her the next month and the following December before getting a permanent job transfer to Houston. They were married on Sept. 7, 2002, and honeymooned back in Newfoundland where they marked the first anniversary of 9-11.

THE CANADIAN PRESS

'Little bit of heaven'

Ten years after the savage attacks on Sept. 11, 2001, Nick and Diane Marson have returned to Gander, N.L. to say thank you.

The couple now lives in Spring, Texas, where Diane volunteers extensively, including at a local hospital. Her Newfoundland experience helped inspire her desire to give back, she said.

"Here, we just found a little bit of heaven with a bunch of angels who live there." THE CANADIAN PRESS

B.C. toddler found safe

Three-year-old Kienan Hebert returned to family by abductor Investigator says he's 'never seen this'

CONTRIBUTED

▶ Three-year-old Kienan Hebert is back with his family after being returned home by his abductor, believed to be Randall Hopley, inset.

A three-year-old boy abducted from his bed in Sparwood, B.C., has been found safe and sound after his captor returned him to his own home.

Police received an anonymous 911 call around 3 a.m. local time yesterday morning and were told where to find little Kienan Hebert.

"The little guy appears to be in good health. Little guys like this are very resilient. That's what we're seeing this morning," said an emotional RCMP Cpl. Dan Moskaluk. "To the rest of the world 9-11 means New York. 9-11 to me means Kienan Hebert."

The most troubling thing was that the caller, believed to be convicted sex offender Randall Hopley, 46, told police they could find the little boy in his own home, Moskaluk said. The Hebert family has not been residing in the home since their son went missing.

Police say only half of the job has been done. The next step is to try and contact Hopley and try and get him to turn himself in.

THE CANADIAN PRESS

Timeline

- **Tuesday, Sept. 6:** Kienan Hebert goes missing from his home after being put to bed.
- **Wednesday, Sept. 7:** Police issue an Amber Alert.
- **Saturday, Sept. 10:** Kienan's parents make an emotional plea for his safe return as police confirm the boy was kidnapped.
- **Sunday, Sept. 11:** Kienan found inside his home after 911 call to police.

Interested in Managing your Diabetes Naturally?

Join a landmark study to manage your diabetes through healthy diet and lifestyle choices.

By participating, you will get:
- advice from a registered dietitian
- advanced check up of your arteries
- additional education in using low glycemic and high fibre diets

You may qualify if you are:
- living or working in the Toronto area
- in good health
- taking tablets for diabetes (but not insulin)

Call St. Michael's Hospital today at
416.867.7474
www.stmichaelshospital.com
UNIVERSITY OF TORONTO FACULTY OF MEDICINE
CIHR IRSC
St.Michael's Inspired Care. Inspiring Science.

DISABILITY CLAIMS?
Have you been denied or cut off from your long or short-term disability insurance benefits? We can help you.
FREE INITIAL CONSULTATION
NO PAYMENT UNTIL CLAIM IS SETTLED
416-363-1867
ROCHON GENOVA LLP
BARRISTERS · AVOCATS
www.rochongenova.com

100% PERMANENT HAIR REMOVAL
A GOOD FOR YOU! You're coming to OMI for your hair removal treatment.
B You are to be congratulated for not wasting your money with others who overcharge for poor results or undercharge for no results.
C OMI's proven they are best since 1979. Improve your life, Call OMI now!
NO HST (conditions apply)
(most OMI clients are male)
OMI on Rogers TV Channel 5
OMI MEDICAL INC. • 416.223.5500
www.omihair.com • OPEN 7 DAYS A WEEK

Our Best Plan Ever
$25/mo Back to School Plan
Unlimited Data
Unlimited Talk
Unlimited Text
Caller I.D.
GUARANTEED RATE FOR LIFE.
mobilicity.ca
1-877-8MOBIL8
mobilicity Now that's smart.
Taxes are extra. Limited time offer. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. 'Guaranteed Rate for life' means your $25 plan shall remain $25 for as long as your account remains active with Mobilicity. All features included in each plan must originate within a Mobilicity Unlimited Zone. Premium and special numbers are excluded. 'Unlimited Text' refers to text messages sent to Canada and the Continental US only. Terms and conditions apply. Subject to change without notice. © 2011 Mobilicity. 'Mobilicity', 'Now That's Smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

Mobilicity Stores
Toronto
1062A Albion Rd
1209 Bloor St W
2129 Danforth Ave
104 Dundas St E
491A Dundas St W
1818 Eglinton Ave W, Unit 2
672 Gerrard St E
439 Parliament St
1484 Queen St W
1887 Queen St E
1267 St. Clair Ave W
542 Yonge St
45 Overlea Blvd, Unit 124
Mississauga
Westwood Mall
2550 Hurontario St
High Point Mall
Square One
20 Dundas St E
Bramptor
252 Queen St E
Kingspoint Plaza
Shoppers World
Etobicoke
2528 Finch Ave W, Unit 17B
2456 Lakeshore Ave W
30A Rexdale Blvd
680 Rexdale Blvd, Unit 4
2032 Weston Rd
North York
2111 Jane St, Unit 6
1343 Lawrence Ave W
1030 Sheppard Ave W, Unit 3
Centrepoint Mall
Markham
Pacific Mall, Unit D56
3255 Hwy 7 E, Unit 118
Scarborough
655 Victoria Park Ave, Unit 2
4002 Sheppard Ave E, Unit 105A
5981 Steeles Ave E, Unit 106
Parkway Mall
Bridlewood Mall
Chartwell Shopping Centre
1004 Pape Ave
1885 Kennedy Rd
4320 Kingston Rd

Canadians pay premium

Hockey equipment 20% to 45% cheaper in U.S., parents say
Senate committee to study gap

It's a fact of consumer life that buying in Canada means paying more than you would south of the border on everything from running shoes to hockey skates, from pyjamas to pantyhose.

Even the stronger loonie hasn't been able to overcome obstacles that include import tariffs ranging as high as 18 per cent, a number of higher fixed costs and, admittedly, the fact that retailers in Canada can simply get away with charging more.

A bright spot is consumer electronics where the price difference usually isn't significant.

THE CANADIAN PRESS

Higher costs

Tariffs on most goods between Canada, the United States and Mexico were phased out in the late 1980s and early 1990s.

- But there are still import duties on some goods, as well as clothing and sporting goods from Asia, Europe, South America and other countries.
- There's also the cost of doing business — from bilingual labelling to transportation, payroll taxes and real estate, said marketing professor Ken Wong of Queen's University in Kingston.

▶ The 2011 Nike Mag.

NIKE/CONTRIBUTED/THE ASSOCIATED PRESS

Going back to the future

Nike has created a limited-edition shoe based on a glowing pair that appeared in the 1989 movie Back to the Future II. The 2011 Nike Mag is designed to be a replica of the fictional sneaker. But unlike the movie version, these shoes won't lace themselves.

Market moment

TSX	Dollar	Oil	Natural gas
- 296.41 (12,387.54)	- 0.81¢ (100.40¢ US)	- $1.81 US ($87.24 US)	$3.915 (– 6.5¢) Gold $1,859.50 (+ $2.00)

PRICES AS OF 5 P.M. FRIDAY

Data centres still a decade away: Report

An ambitious project to centralize the federal government's far-flung data centres will take at least a decade, and require up to $278 million in new spending, an internal report concludes. The findings raise questions about whether the plan will help eliminate the deficit by 2014, as promised by the prime minister.

The $2.5-million report by PriceWaterhouseCoopers was commissioned to provide strategies for cutting 308 data-processing centres down to fewer than 20. THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS

"We know we can save all kinds of money there."
PRIME MINISTER STEPHEN HARPER

Truck stops to sell Shell LNG fuel

Royal Dutch Shell PLC has announced plans to sell liquefied natural gas at truck stops between Edmonton and Calgary starting next year. By 2013, it aims to produce some of its own at a plant west of Calgary. THE CANADIAN PRESS

35 Liquefied natural gas could be up to 35 per cent cheaper than diesel and emit up to 24 per cent less carbon dioxide.

REMIC WEALTH INSTITUTE
FREE WEALTH BUILDING SEMINAR
• NO MONEY DOWN • NO INCOME • NO CREDIT
Free Credit Building Seminar - Days Inn Hotel, 185 Yorkland Blvd, North York, Date: Saturday Oct. 1, 2011, Time: 3:00 pm
MISSISSAUGA: Hilton Garden Inn, 100 Traders Blvd., Mississauga, ON, Date: Sept. 26, 2011, Time: 12:30pm & 7pm
NORTH YORK: Days Inn Hotel, 185 Yorkland BLVD., North York, ON, Date: Sept. 28, 2011, Time: 12:30pm & 7pm, Date: Oct. 1, 2011, Time: 10:00am & 1pm
TORONTO: Days Inn Hotel, 1677 Wilson Ave., Toronto, ON, Date: Sept. 27, 2011, Time: 12:30pm & 7pm
AJAX: Hilton Hotel, 500 Becks Road, Ajax, ON, Date: Sept. 29, 2011, Time: 12:30pm & 7pm
• Access over $400,000 to invest in Real Estate
• Make $100,000 a year part time
• Retire within 36 months never to return to your J.O.B.
• Invest for positive cash flow
• Buy your first home or investment property in 45 days
• Pay Off Your Home Mortgage in 5 years
• Invest in real estate with good credit, poor credit or no credit
MANY MORE POWERFUL STRATEGIES
FREE FOR ALL WHO ATTEND
CASH FLOW ANALYZER SOFTWARE & 17 PRINCIPLES CD
SEATS ARE LIMITED
REGISTER NOW!
NOW IN TORONTO
www.buyholdprofit.com/events.php
1-888-88-REMIC(73642)

BREAST CANCER AWARENESS SPECIAL FEATURE
METRO THINKS PINK
October is Breast Cancer Awareness Month, and as always, Metro will be joining the cause. On Monday October 3 we will run our annual Breast Cancer special feature, with the feature's pages coloured pink for added awareness. We'll focus on the latest in cancer research and will include risk reduction strategies, self-exam tips and even foods that can help treat breast cancer. On the personal side, we will have an essay from a breast cancer survivor, provide tips on how you can support a loved one that might have been diagnosed, and show how fundraising dollars really do help.
Don't miss it – Monday October 3
metro

BRING A MAN
&SAVE 20%
on à la carte spa services*
* Available Mondays to Fridays in September. Details online.
Elmwood Spa PERKS
Pool · Whirlpool
Steam Rooms
Lunch in your Spa Robe
Elmwood Spa
Canada's Favourite Urban Oasis
18 Elm Street | Toronto | 416.977.6751 | www.elmwoodspa.com

LEVANT ERUTKU /COURTESY

▶Flamenco Juerga Toronto founder Dennis Duffin, middle, jams with friends.

LET'S GET THIS FLAMENCO PARTY STARTED

URBAN COMPASS

LIA GRAINGER
METRO TORONTO

If you know anything about flamenco — the Spanish gypsy art form of song and dance — you know it's best performed in an intimate space, the guitarists, singers and dancers nearly touching the audience. Ideally, those watching join in.

I'm a flamenco dancer, and when I moved to Toronto from Vancouver three years ago, I couldn't find a single flamenco party.

The word in Spanish for these informal gatherings is juerga, and recently, a fellow flamenco aficionado and guitarist noticed the same void in Toronto's flamenco community.

"Flamenco is my life," says Dennis Duffin, 29. "You can't call yourself a flamenco unless you do it every day." Duffin looks the part of the vagabond musician: today he sports ripped jeans, a loose blue shirt open at the neck, and his trademark scruffy curls.

Raised in a musical family, Duffin had been playing flamenco for years when he decided it was time to get the Toronto flamenco community together. "There are so many flamenco schools in Toronto," explains Duffin. "So many students have such drive and passion, but they never get to practice or perform."

For those unacquainted with flamenco, the music and dance is often improvised, so it's easy to get together and just jam — that's the essence of the juerga.

So Duffin decided to start the party.

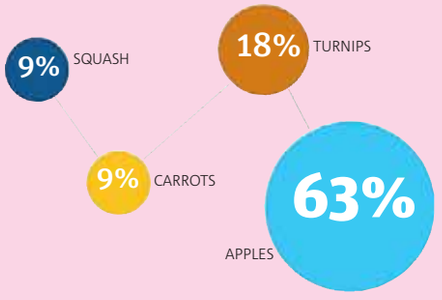
The first juerga was held a year ago in a flamenco singer's office on Bloor Street W. – Duffin sent out a Facebook message to all the flamenco lovers he knew, laid down some plywood for the dancers, and that was it. The evening was a colossal success, packed to capacity and bursting with music and excitement. "That night awakened something in a lot of people," says Duffin.

Since then there's been a juerga almost every month, with invitations sent out to everyone who joins the Facebook group Flamenco Juerga Toronto. They're usually held in people's homes, and everyone brings wine and food. It's not unusual for the party to still be charging and the drinks flowing at seven or eight in the morning.

"This is how flamenco was meant to be done," says Duffin of the supportive creative community he has created. "It's beautiful to see everyone come together for the pure love of the art."

Register at metropolitanpanel.ca and take the quick poll

What is the best fall vegetable/fruit?



Local tweets

▶**@redlianak:** Is this jobs for new Canadians thing really going to be all we talk about this #Ontario election? This is getting silly.

▶**@JaredHunt72:** @laurendorphin so many undecided in north bay too, leader debate not til 27th either, could be interesting! #ONelxn

▶**@david_megginson:** Does @timhudak oppose *all* job subsidies (students, retrained workers, startups etc.) or just the ones for new Canadians? #onpoli #onelxn

▶**@StphnBailey:** I find it equally odd that the conservatives want to cut taxes. Ontario still has a deficit/debt to get out from under #ONvote

▶**@Breznican:** What if ValKilmer rides on a unicycle &pelts you w fistfuls of Count Chocula? @DrewAtHitFix Coppola's "Twixt" is a freakin' disaster #TIFF11

▶**@MarkChuraman:** James Franco is taking in this screening of "Shame" at the Princess of Wales Theatre with the rest of us right now! #TIFF11

Letters

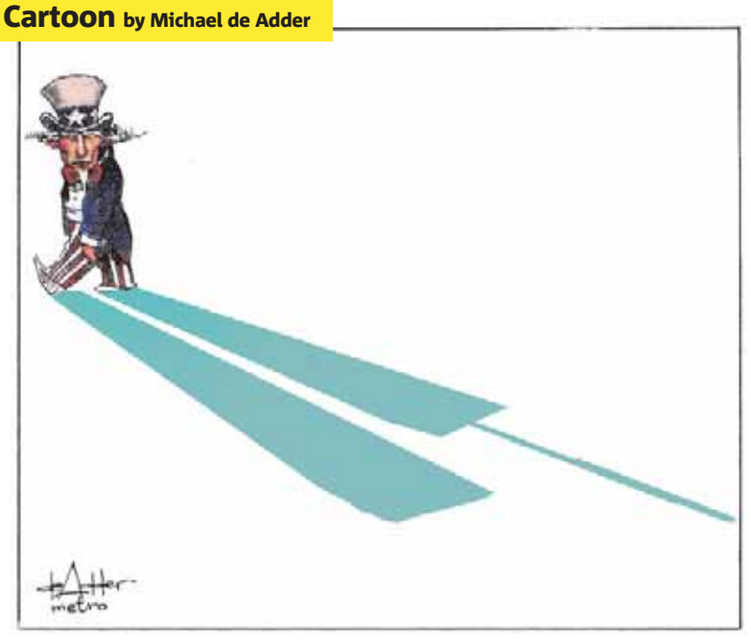
RE: The Lessons of September 11, 10 Years On, published Sept. 9-11

You have failed to mention the hundred of thousands of civilian casualties, the millions of displaced persons, and the vast economic, agricultural and emotional devastation inflicted by our hands on others (namely Iraqi and Afghani civilians) in this "war on terror."

I guess we have not yet learned the lesson to look beyond ourselves. I was also wondering how the thinking that the U.S. depends on Middle Eastern oil and how it supports Israel is delusional thinking? It is a fact that the United States has a certain level of dependence on oil from that region of the world and it is also a fact that the U.S. supports Israel in various ways. Since this premise is true, it is not "delusional" to believe that these factors were implicated in the events of 9-11. I am simply writing to point out the elephant in the room. As Noam Chomsky said, "If you want to stop terrorism, don't participate in it."

SALEEM AL-NUAIMI, MD
EDMONTON

Cartoon by Michael de Adder



WEIRD NEWS

Not till they're a little older

Officials in South Carolina are moving a school bus stop that was near a strip club after parents complained.

WPDE-TV reports that children had to wait in the parking lot of a strip club in Atlantic Beach to catch the school bus.

Misty Umphries, a mother who waits at the stop with her children, says she had to explain to her four-year-old the meaning of "topless."

Horry County transportation director Jim Wright previously said the stop was the central point of four blocks it needed to accommodate.

Wright was concerned that moving the stop to a community centre that parents suggested would require some children to walk farther.

District officials have since decided to create two bus stops in the area. Neither is at the strip club.

A mother of three, Windy Price told WPDE-TV that the bus stop shouldn't be where it is.

"I don't want my children being picked up behind that. I'm not knocking what they do, but I just don't think it's appropriate," she told the local news station.

THE ASSOCIATED PRESS

metro

METRO TORONTO • 625 Church St., 6th Floor • Toronto ON • M4Y 2G1 • T: 416-486-4900 • Fax: 416-482-8097 • Advertising: 416-486-4900 ext. 250 • adinfotoronto@metronews.ca • Distribution: toronto_distribution@metronews.ca • **Associate Publisher** Irene Patterson, **Managing Editor** Tarin Elbert, **Production Manager** Elizabeth Valiaho • **METRO CANADA: President & Publisher** Bill McDonald, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News and Business** Amber Shortt, **Scene/Life Editor** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News and Business** Kristen Thompson, **Art Director** Laila Hakim, **Business Ventures Director** Tracy Day, **National Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

PUBLIC INVESTOR NOTICE

30K Condos in Florida, Arizona & Las Vegas

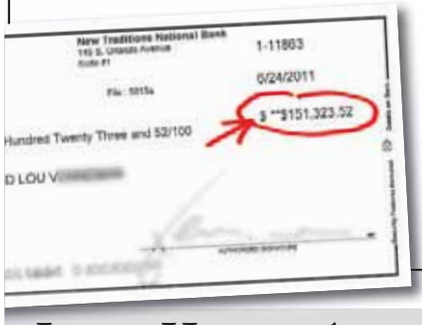
Exclusive to Canadian Residents!

ATTEND MILLIONAIRE MENTOR GROUP'S FREE 2 HOUR SEMINAR

Now Canadians can buy...U.S. REAL ESTATE at 70% OFF!

$51,323 PROFIT First Deal!

"We didn't know anything about real estate until we met mmg a few months ago. We invested $100K into 3 condos and made a quick flip for 51K profit" — Mary and Lou V.



You don't need cash, credit or experience to take advantage of the incredible opportunity. You just need the desire to own your own personal real estate **CASH COW**. Attend this FREE 2 hour seminar and find out how you can own up to 10 investment properties in the U.S. for pennies on the dollar. Why not put $30,000 in your pocket each month? **Take advantage of the U.S. GOLD RUSH** just like so many other fellow Canadians.

At this FREE 2 hour seminar you'll learn how to spot, finance and create instant cash flow on any one of many MLS properties available.

Learn How to Access Condos in Florida, Arizona & Las Vegas at Free Seminar

Condo in ORLANDO
1 bed, 1 bath
Extreme Price Reduction
$29,000

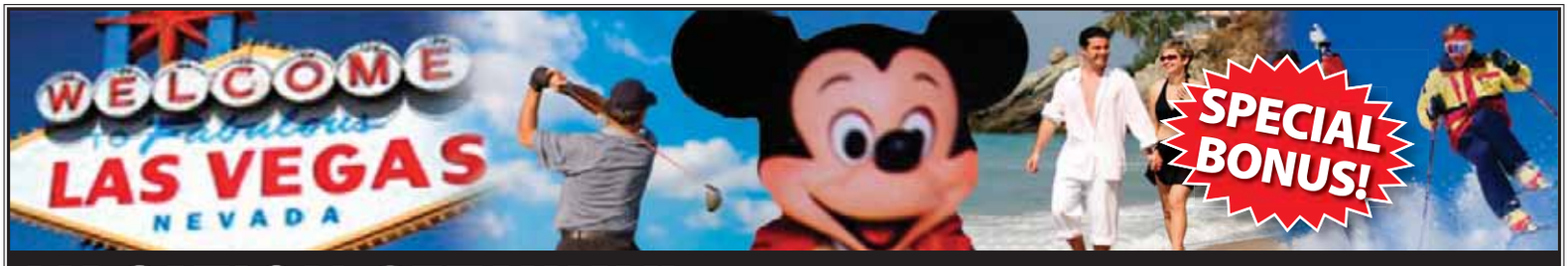
Condo in ORLANDO
2 bed, 2 bath
Extreme Price Reduction
$30,000

Condo in ORLANDO
1 bed, 2 bath
Extreme Price Reduction
$30,000

Condo in KISSIMMEE
2 bed, 2 bath
Extreme Price Reduction
$31,800

Condo in Las Vegas
2 bed, 2 bath
Extreme Price Reduction
$34,000

Condo in Las Vegas
2 bed, 2 bath
Extreme Price Reduction
$29,900

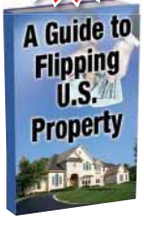


VACATION GETAWAY! 3 Days/2 Nights! WHEN YOU ATTEND

"U.S. has become a nation of tenants, leaving Canadian investors to buy Real Estate at deep discounts, and great cash flow!"

Eric Blackwell
U.S. Real Estate Expert

PLUS FREE BOOK!



"A Guide to Flipping U.S. Property"

Pre-register now and receive an instant downloadable free booklet.
Compliments of MMG

Millionaire Mentor Group presents...

CALL NOW 1.800.866.8614

or register online at www.SpecialPublicAnnouncement.ca

TORONTO	SCARBOROUGH	MARKHAM
Sunday, Sept. 25	**Monday, Sept. 26**	**Tuesday, Sept. 27**
11 am or 3 pm	10 am, 2 pm or 7 pm	10 am, 2 pm or 7 pm
AIRPORT MARRIOTT	**DELTA TORONTO EAST**	**DELTA MARKHAM**
901 Dixon Road	2035 Kennedy Road	50 East Vahalla Drive

— BRING THIS COUPON WITH YOU TO THE EVENT —

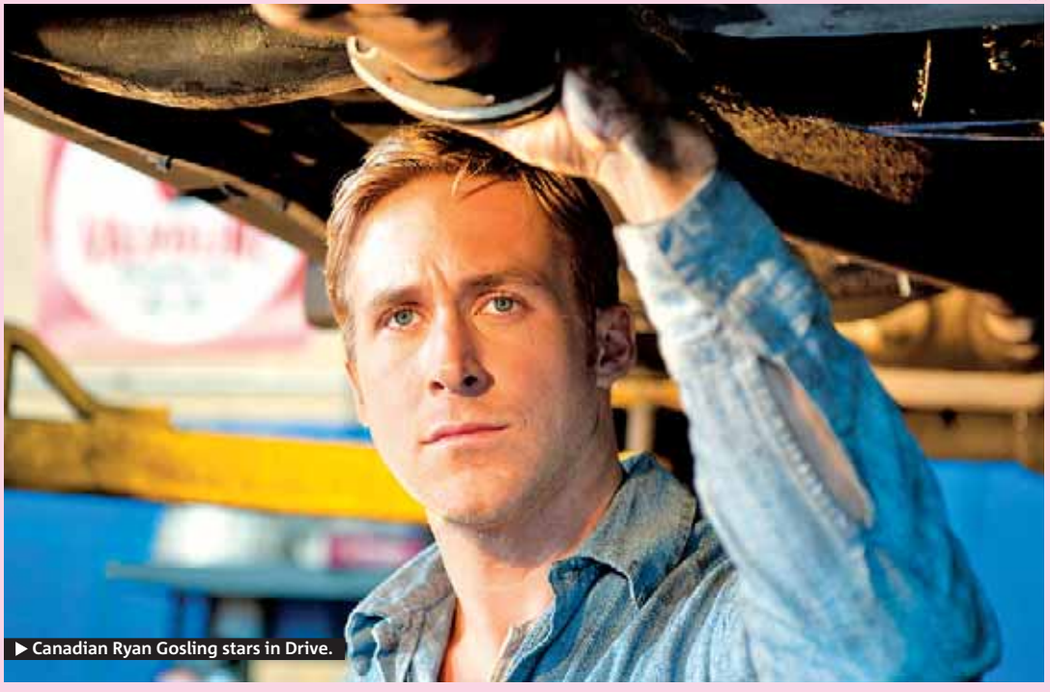
© 2011 Millionaire Mentor Group. All Rights Reserved. No properties will be offered at seminar. Seminar is for education purposes only.

A 'violent' Drive to remember

Film garnering positive reactions Gosling and film's director forge union

NED EHRBAR
SCENE@METRONEWS.CA

HANDOUT



Canadian Ryan Gosling stars in Drive.

For a guy who plays a stunt driver that moonlights as a getaway driver in Drive, Ryan Gosling says he didn't get a whole lot of time behind the wheel in the film.

"I drove myself to set and I drove myself home," he says with a laugh.

But seriously, though.

"I went to driving school, and I did a lot of the driving. But the cool stuff, I didn't do," he says.

"But it was one of the best prep experiences I've ever had, because I'd basically just show up to this big parking lot, and there'd be a new Camaro or a new Mustang and we'd just ride it to the rims until it was smoking or it wouldn't go anymore, then we'd just go home and they'd tow it away and call us when it was fixed."

Drive was something of a meeting of the minds for Gosling and the film's director, Nicolas Winding-Refn.

"We set out to make a violent John Hughes movie, and I think that's what we did," Gosling says.

The movie wouldn't have happened if REO Speedwagon hadn't come on the radio during a drive the actor and director shared one night while discussing the project.

"So something happened in that car, and Nicolas and I were sharing the same dream and we spent the whole movie trying to figure out how that was possible."

Gosling and Winding-Refn's shared dream apparently worked out great, as the actor and director are jumping into more projects together already.

They're now developing a remake of Logan's Run — a project previously kicked around by a number of filmmakers, including Bryan Singer.

And they're getting ready to shoot a film about Thai kickboxing.

No, really.

"I'm going to start fighting soon. We start in January," Gosling says. "I don't know what he's calling it yet. But that's the fun of working with Nicolas. You discover it every day. That's why he likes to work chronologically, so that the movie is evolving naturally."

With Drive already getting such positive reactions wherever they take it, there's even been talk of a sequel — even if it was originally just in jest.

"We were joking for a while — but maybe it's not a joke — that it would be a prequel called Drive 2 where it's about Bernie and Ron Perlman," he says.

Of course, like the first film, any possible Drive followup needs to start elsewhere, Gosling explains.

"I did hear that James Sallis was writing some kind of a sequel, so I think we have to defer to him first," he says.

Gone too far

- As a producer on Drive as well as the star, Ryan Gosling played a major role in shaping the finished product with director Nicolas Winding-Refn — which meant making some tough decisions.
- "The hardest scene to cut was the scene where Albert Brooks actually chokes a guy out on camera and he passes out. That was amazing," Gosling remembers.
- "I talked to Albert that night, and I said, 'Hey Albert, how'd the scene go?' And he goes, 'Ah ... I actually knocked the guy out. I choked him out. Is that bad?' You can watch it on camera. You watch the guy's eyes roll into the back of his head and falls to the floor. Everyone thought he was acting, but he wasn't."

2 scene

Box office

Contagion has infected enough moviegoers to catch the top spot at the box office. Studio estimates released yesterday show that the Warner Bros. pandemic thriller coughed up $23.1 million in its first weekend.

THE ASSOCIATED PRESS

Web series Mis-Adventures of Awkward Black Girl grows through social media. Scan code for more

Call Now

Canada and U.S. .....1.6¢/min*
Haiti ... 24.9¢/min
Guyana ... 26.9¢/min

Scan with your mobile application for more rates. Or visit www.telehop.com/1010100

Simply dial
10-10-100
+ (011 or 1) + the Number

No need to switch phone companies and charges will appear on your current bill.

www.telehop.com | 1•888•882•8056 | Telehop™ 10-10-100

*Flat rate of 25¢ for first 15 minutes. Calls to cell phones may be at a different rate. Rates subject to change without notice. Terms and conditions apply, please see website for details.

369

Shatner: Weird or What?

Canadian-born actor's career keeps boldly going in new directions

You might say William Shatner's entire career could be summed up in three words: Weird or What?

That's also the title of the show he hosts on History Television, returning for a second season tonight at 10 p.m. ET. The series examines the unexplainable.

Why do large rocks appear to "skate" across a desert, or skinny young teens suddenly have the ability to lift cars in an emergency? Is there a psychic connection between dolphins and humans? And why did CBS cancel shatter sitcom S#*! My Dad Says?

Scratch that last one, it's not explained on the show and hasn't been explained to shatter satisfaction by CBS. The comedy was among the highest-rated shows in Canada last season but was pulled last spring after one season.

"We were staggered by it," Shatner, 80, says of the cancellation. "There was close to 10 million people watching the show. I loved it and was very sorry it is not going on."

After a career that has boldly gone in as many directions as his, Shatner was able to roll with it and move on. Besides the return of Weird, he's also been busy with a new book and CD, receiving honours and, as always, feeding his horses and dogs.

Compared with doing a network sitcom, the Weird or What? schedule is a pretty gentle gig. Cameras roll into his house and garden and capture the TV icon setting up one of three stories per episode and then asking viewers, "Was that weird, or what?"

It's the kind of show the endlessly curious Shatner would watch even if he wasn't hosting it. "There are so many mysterious things out there that stagger us and beggar our imaginations," he says.

"Quantum physics is showing up just how strange and unpredictable the universe really is."

A recent weird or what moment involved his wife Elizabeth, who woke from a dream about mice frothing at the mouth. The couple were out of town and when Shatner returned home the next day he found his dogs were frothing and had been poisoned.

"My wife's dream 48 hours earlier had presaged what had happened," he says.

The two-time Emmy winner received an honorary doctor of letters from McGill University, his alma mater in June.

He also received the Governor General's Performing Arts Award for a lifetime of artistic achievement, an accolade that came in May.

So do all these lifetime awards mean Shatner is finally ready to wind down his career? Bite your weird or what tongue.

Shatner's new album, Searching for Major Tom, boasts contributions from Alan Parsons and Peter Frampton, among others.

The sci-fi themed CD has Shatner doing his unique spoken word "singing" to such classics as Space Cowboy, Rocket Man and David Bowie's Space Oddity. "I even do Bohemian Rhapsody," he says with the confidence of a man who knows how to sell anything.

THE CANADIAN PRESS

Busy man

In his recent documentary The Captains, Shatner interviews the other actors who have played starship captains throughout the long run of the Star Trek franchise.

- He'll also be guest starring on Rookie Blue when the Global police drama returns in 2012 for a third season.
- Shatner has a new book coming out next month called Shatner Rules: Your Guide to Understanding the Shatnerverse and the World at Large.

Can a name make or break a movie?

How important is a movie title when it comes to attracting an audience?

It's a question Terry O'Reilly, host of History Television's new show What's In a Name?, can answer.

"Movies titles are an art unto themselves. With so much riding on an opening weekend (which will determine the length of the movie's run) a title does almost all of the heavy-lifting. It can even override a trailer in persuading someone to buy a ticket," says O'Reilly, a brand expert, radio host, and best-selling author.

CONTRIBUTED

▶ Terry O'Reilly

Name games

What's in a Name? premieres tonight at 8 p.m. ET/PT on History Television.

- **The series** follows Canadians looking to find a one-of-a-kind, catchy and marketable name for everything from a rock band to a designer perfume to a soon-to-be born baby.

The good

CONTRIBUTED

▶ Back to the Future

"One of my favourite titles of all time is Back To The Future. It was so clever, and so perfect for that story. It contains some friction, which is its magic — how can someone go 'back' to the future?

"But that was exactly the storyline. A remarkable feat in only four words."

The bad

CONTRIBUTED

▶ The Shawshank Redemption

"One of my least favourite titles was for a film I loved — The Shawshank Redemption. I avoided this movie for ages, as I got no 'feeling' from the title. I didn't know how to classify it. It was meaningless, and not intriguing. I have often wondered if that title mowed down the opening weekend sales. But the ultimate irony is that it's a fantastic movie." METRO

Glee over Emmy nod

Dot-Marie Jones, who plays coach Beiste on Glee, calls nomination the 'golden nugget' of her career

Jones dishes on kiss from Matthew Morrison

GETTY IMAGES

▶ After 20 years in acting, Dot-Marie Jones has received her first Emmy nomination.

For Dot-Marie Jones, the Creative Arts Emmy nomination for her portrayal of coach Shannon Beiste on Fox's Glee just might have been sent from the heavens.

"This is my 20th year in acting and it's finally that golden nugget that you dream about — that you never know if you'll find," Jones said, tearing up.

The awards were presented at the Nokia Theatre Sarturday, where Jones lost to fellow Glee actress Gwyneth Paltrow.

The Emmy nominations were announced on Jones' late father's birthday while she was on a flight to Australia, and she said she remembers thinking to herself: "Dad: Come on, let this be a lucky day, you know?"

Co-star Max Adler broke the news to Jones by congratulating her with a message on Twitter.

"I couldn't even talk," Jones recalled.

"I just looked at it. ... I couldn't even say anything."

This sort of open emotion may not be what one expects from the 47-year-old Jones, who was an athlete in school and competed in the 1988 Olympic games, finishing sixth in the shot put competition.

Jones credits friend Shirley Eson of American Gladiators for getting her into acting, which led to roles in a number of productions for Glee producer Ryan Murphy, whose team created the part of Beiste for Jones.

At first glance, the role seemed to be a subtle spin on nasty cheerleading coach Sue Sylvester, played by Emmy nominee and host Jane Lynch.

But by the sixth episode of season two, it was revealed that one reason for Beiste's bitterness was that she'd never been kissed, a situation resolved at episode's end by Glee-club coach Will Schuester (Matthew Morrison).

Jones was not above kissing and telling.

"(Morrison) was just so like gentle and it was just for me and he is everybody's heartthrob, to fall into that — and just so gentle and sweet and soft and supple," she said.

"And it was just like this 'Mmmmm!' a kiss, but yet it was so. ... What made it so big is how underplayed it was.

"Dude, does that make sense?

"And it was like it was just this sweet, sweet moment that was so huge. It was this little moment that was giant."

"This is my 20th year in acting and it's finally that golden nugget that you dream about — that you never know if you'll find."

DOT-MARIE JONES ON HER FIRST EMMY NOMINATION IN HER CAREER

Speaking of, the 6-foot-3-inch, 260-pound Jones said it was challenging to find attire for Saturday's Creative Arts Emmys red carpet.

One designer sent an email asking if Jones would like to come into the showroom, but then discovered her size.

"Next email, 'Oh, god, we're really. ... Oh, well, our showroom only has size zero to six.'

"I'm like, 'Are you kidding me?'"

Friend Lynch came to the rescue, referring Jones to her own personal designer.

Even now with an Emmy nomination and recognizable face worldwide thanks to Glee, Jones said her professional goals haven't changed at all.

"I just want to work and keep working and doing what I love, because I know in my heart of hearts that I am supposed to be doing this," she said in the interview.

THE ASSOCIATED PRESS

Glee costumes get Emmy love

- Costume designer Lou A. Eyrich and supervisor Marisa Aboitiz won a Creative Arts Emmy Award Saturday for their work on the Glee episode, New York.
- "We threw it together," Eyrich said of the costumes. "We were told that they wanted it to be kind of a little nod to Breakfast at Tiffany's," she adds. THE ASSOCIATED PRESS

Come Dine With Me Canada
Mondays | 7:30 PM
8.0
6.5
2.5
If you're feeling judged, it's because you are.
Watch as five amateur chefs pull out all the stops in an effort to wow complete strangers.
WNETWORK.COM

Paltrow gets props for Glee guest spot

Gwyneth Paltrow won a Creative Arts Emmy Award for her guest performances on Glee. Paltrow was a no-show at Saturday's ceremony for technical and other achievements.

"She couldn't be here because it's happy hour at the Starlight Room," presenter and Community actress Alison Brie joked about Paltrow's absence.

In a recent interview, Paltrow said she was "totally thrilled" to be nominated for an Emmy, but she wouldn't be at the ceremony.

The 38-year-old actress said she just reunited with her children in London and couldn't return to Los Angeles for Saturday's ceremony.

Paltrow would, however, return to Glee to reprise the free-spirited substitute teacher Holly Holliday, if invited.

She says she "loves doing that show" and Holly is "probably the most fun character I've ever gotten to play."

THE ASSOCIATED PRESS

GETTY IMAGES

Kim Coates —

Metro takes the Canadian actor to task on being so darn dangerous

ANNE BRODIE
SCENE@METRONEWS.CA

He's one of TV's toughest guys, a Canadian living and working in LA. Kim Coates is the epitome of those dangerous characters he's played so often. Coates is the biker outlaw club sergeant–at-arms Alex "Tig" Trager in the acclaimed F/X series Sons of Anarchy, which revs up on F/X Canada in November. Coates is in town this week to launch the new season and his latest film, the hockey comedy drama Goon, at the Toronto International Film Festival.

You do "bad" so very well. Where do all these shadings of bad come from?
I don't know. I have this big nose and cheekbones and blue eyed tough guy look and I was on hockey skates as a kid. I got typecast at times but so did De Niro, Oldman and my buddy Costner. I got typecast and I fought against it, but now I've learned to embrace it.

But I don't see you on Glee.
Seriously, I'll shock you and be in a musical comedy, The Boy from Saskatoon! I can sing and I can dance. It's all about the script.

Do you still feel Canadian?
I'm Canadian! You can take the boy out of Canada but you can't take the Canada out of the boy — I go to Saskatoon once a year and I have a cabin in B.C. where my wife and kids and I enjoy ourselves. Canada is my home.

The Sons of Anarchy is an amazing series, done on the Sopranos template but with its own lawless flavour.
That's good — we're gutsy. The Sopranos worked so well.

Shows that score a 10 out of 10, at 10.

Weeknights at 10 pm

Mon Rocco's Dinner Party
Tue Picker Sisters
Wed Roseanne's Nuts
Thu Necessary Roughness

Evil or Not?

JASON MERRITT/GETTY IMAGES

▶ Kim Coates

They were bad boys but there was always someone badder than them and it's the same in the biker world we live in. We are outlaws and do things normal people don't do, but there are always darker people around the corner, in all four seasons of the show.

Why haven't there been biker TV shows before?

Biker shows really put a finger on such a one-percenter kind of world, an esoteric world that no one knew about… But it isn't about any of that. There is a strong Hamlet metaphor in this biker world and I love it. It's not meant to be the perfect biker world; it's the story that counts.

You're in town for TIFF, you star in Goon. What's your character like? Bad?

My name is Ronnie Hortense and I'm the head coach of the Halifax Highlanders and it takes place in hockey and takes place in this day and age. It stars Eugene Levy, Jay Baruchel, Liev Schreiber and its funny. And it's a heavy, romantic hockey piece. Hockey is suffering these days in Russia and the boys we lost in the summer. I don't know what this is going to mean but I know this movie was based on love and hockey and all hockey fans.

WNETWORK.COM
TM

Monster match for Gaga?

Singer reportedly dating Vampire Diaries actor Taylor Kinney

KOKI NAGAHAMA/GETTY IMAGES

▶ Lady Gaga

Lady Gaga reportedly has a new man in her life: Vampire Diaries actor Taylor Kinney, according to Radar Online.

The two met when Kinney was cast in the video for Gaga's new single, You and I. Things seem to have gotten more serious, according to a source who spotted the pair out at a seaside bar in California recently.

"It was just casual at first, but things are getting pretty hot and heavy," the source says.

"I couldn't tell it was her at first. It just looked like some hot couple making out, but then I realized it was Lady Gaga. Everyone went nuts. She was so sweet too — she even signed some autographs." METRO

DEPRESSED?
You may be eligible to participate in a **medication study** on depression if you are: 18–65 years old and currently depressed
For information, visit: AntidepressantTrial.com
Or call our office at the Toronto General Hospital
416.340.4800
EXT 8839
No compensation provided

Biebs wants to be a young dad

Justin Bieber is thinking about the future.

"By 25 or 26, I want to see myself, like, married or start looking for a family," the 17 year old tells Women's Wear Daily.

"I want to be a young dad. I want to be able to have done what I wanted to do — to be successful, to do a movie or whatever. But if the time is right, I definitely want to be married by 25." But with all this talk about settling down, the teen sensation is making one thing clear: "I'm not looking to get married now," he insists. METRO

Justin Bieber

Yorkville. Pancakes

▶ Jeanne Beker

NED EHRBAR/METRO

A space for style

Fashion Television host Jeanne Beker was among the celebrities taking part in the ONEX-ONE Pancake Breakfast in front of the Diesel flagship store in Yorkville on Friday morning. Be sure to read Beker's new column, Jeanne's Space, in Metro's Style section starting this Thursday. METRO

HERZING COLLEGE
In 1 year become a:
FINANCIAL SERVICES REPRESENTATIVE
or
BUSINESS ADMINISTRATOR
1.888.NEW.CAREER
1.888.639.2273

YOU ARE INVITED TO A:
FREE FINANCIAL SERVICES REPRESENTATIVE SEMINAR
WHERE?
HERZING COLLEGE – EATON CENTRE CAMPUS
WHEN?
WEDNESDAY, SEPT. 14TH AT 6:30 PM SHARP
• Learn about the high demand career opportunities
• Meet the Instructors and Graduates
Seating is limited!
Register now at: info@tor.herzing.edu
or call 1-888-639-2273 to reserve your seat
www.herzing.ca Toronto Eaton Centre Campus

IN THEATRES SEPTEMBER 23RD
YOU COULD
WIN A PASS FOR TWO TO THE SPECIAL ADVANCE SCREENING OF
ABDUCTION
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

YOU COULD
WIN
A COPY OF *CITIZEN KANE* ULTIMATE COLLECTOR'S EDITION!

BUY *CITIZEN KANE* ULTIMATE COLLECTOR'S EDITION ON BLU-RAY SEPTEMBER 13
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

Celebrity tweets

@joelmchale

Preparing to see #Contagion. I've covered myself in red spots, fake sweat, & I'm working on my loudest in-movie-theater hacking cough #itchy

@AlbertBrooks

My email doesn't work here in Canada so please excuse while I answer my cousin. "NO. No more money you loser. Drop dead."

@kathygriffin

Well I lost to "Deadliest Catch" ... which is another name for my vagina.

@margaretcho

i wish a food truck would just drive into my mouth i am starving but so tired

STEPHEN LOVEKIN/GETTY IMAGES

▶ Madonna

Leo is no thief

KIYOSHI OTA/GETTY IMAGES

▶ Leonardo DiCaprio

A jewelry store employee in Sydney, Australia thought she was about to be robbed recently when a man entered wearing a hoodie, baseball cap and sunglasses, but it turns out it was just Leonardo DiCaprio, according to Hollyscoop.

Before realizing her mistake, the clerk sent a customer to alert the shop's owner.

"The customer actually leaned in and said, 'Do you want me to call the police?'" the store's owner says. "So she rushed in next door, and said, you know, 'There might be a hold up next door.'"

The $1,600 necklace that DiCaprio ended up purchasing was a gift for his mom and not rumoured girlfriend Blake Lively, according to the store employees.

METRO

'The queen of cougars'

Her directing work may be receiving luke-warm reviews, but Madonna has other career opportunities, apparently.

Dating website CougarLife.com has reportedly approached the singer about becoming its spokeswoman, explaining that Madonna is "without a doubt the queen of cougars."

The site is offering her $300,000, plus an additional $750,000 if she releases a song by Valentine's Day for the site.

METRO

We're Looking for
People to Make a Difference
Men and Women, aged 18-55 yrs
Lambda Therapeutic Research Inc. specializes in conducting clinical research trials involving investigational medications.
We are looking for healthy volunteers who are non-smokers and not taking medications to participate in upcoming research programs. Volunteers are compensated for their time.
Thank you to our volunteers,
your support makes new medications possible.
LAMBDA
For more information call (416) 752-3333
or visit lambdacanada-cro.com

TORONTO URBAN FILM FESTIVAL TUFF
SEPTEMBER 9-18, 2011
The Film Festival for Commuters
Watch the subway platform screens for one-minute films from across Canada and around the world.
Today's programme:
I've Gotta Go
VOTE FOR YOUR FAVOURITE AT
TORONTOURBANFILMFESTIVAL.COM
A4C art for commuters
ONESTOP MEDIA GROUP

ALBERTO E. RODRIGUEZ/GETTY IMAGES

▶ Actors Luke Kirby, Sarah Silverman and Seth Rogen speak at the Take This Waltz press conference at TIFF Bell Lightbox yesterday.

Rogen to co-direct film with a few of his pals

Canadian comedy star Seth Rogen plans to team up with some of his old pals next year as he co-directs a feature film he created with his longtime writing partner, Evan Goldberg. The Vancouver native says The Apocalypse — based on a short film he and Goldberg made years ago called Jay and Seth vs. The Apocalypse — has a "substantial" cast that includes former collaborators Jay Baruchel, Jonah Hill and James Franco. THE CANADIAN PRESS

TIFF's weekend party report

Sure, there are lots of movies to see, but let's focus on what's really important: the parties

NED EHRBAR
SCENE@METRONEWS.CA

Friday night belonged to Alliance Films, whose massive soiree at South of Temperance to celebrate the premiere of Ides of March lived up to the hype with a surprise post-midnight performance by Cee-Lo Green.

The film's director and star, George Clooney, even showed up after 3 a.m. to help cap off the night, new girlfriend (and former wrestler) Stacey Kiebler by his side.

What delayed them so long? They were apparently enjoying the VIP area at Deq in the Ritz-Carlton.

Saturday evening kicked off with the Creative Coalition's third annual Spotlight Awards dinner at the Roosevelt Room, where honoree Anna Kendrick joked around with 50/50 writer Will Reiser.

Machine Gun Preacher stars Gerard Butler and Michelle Monaghan worked the room while director Roland Emmerich chatted away with his Anonymous star, Rhys Ifans.

Later that night, Hugh Laurie, Oliver Platt, Jason Reitman and Alia Shawkat braved the super-crowded celebration for the Oranges at the Goodnight Gansvoort, where the free-flowing Moet and spiked punch kept partygoers' minds off the faulty air conditioning.

And the Hugo Boss store on Bloor West played host to a Melancholia fete, with stars Kirsten Dunst and Alexander Skarsgaard in attendance.

Robert DeNiro made an appearance at the Killer Elite party at Maison Mercer, while the Fox Searchlight/Vanity Fair party at the Thompson Hotel brought out Clooney, Emile Hirsh, Hugh Dancy, Chris Pratt, Paul Giamatti and more.

Get that autograph

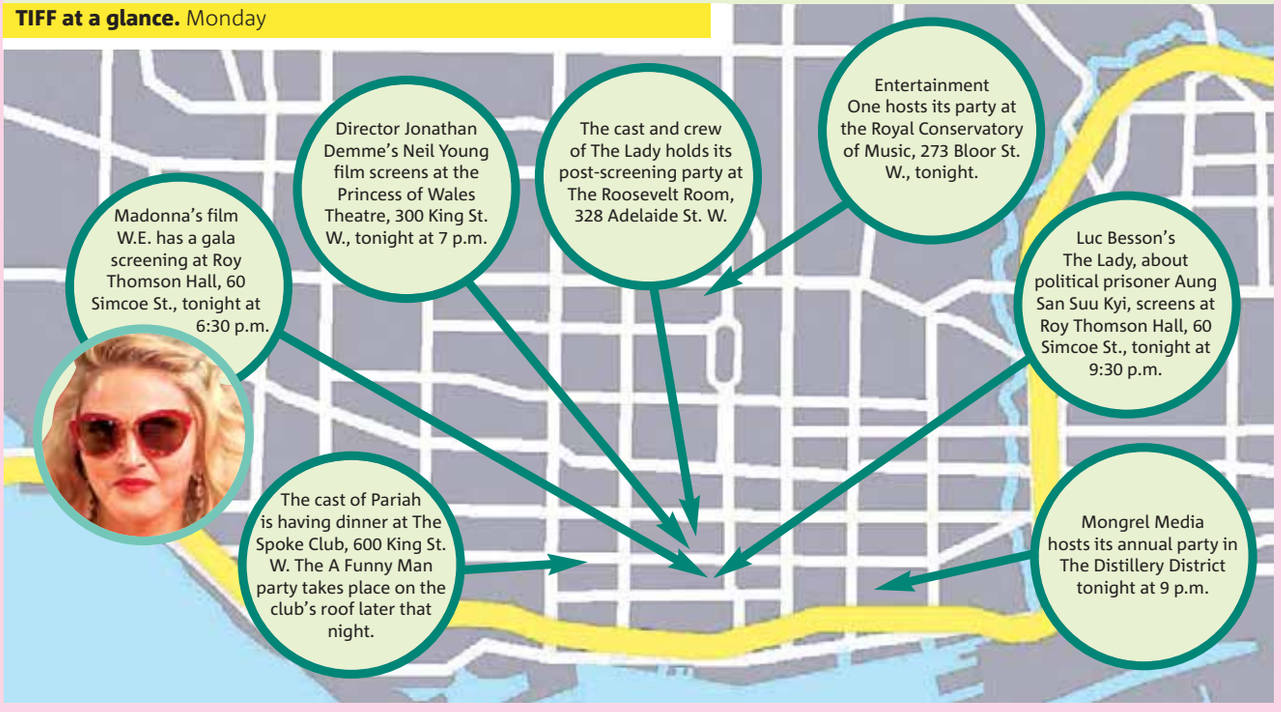
1. Let the stars come to you. Stars often spend time with fans around their screening, but don't discount celebrity hotspots like hotels, restaurants and clubs.

2. Have your camera and pen ready. Arrive early to the red carpet to grab the closest spot possible.

3. Grab your celebrity's attention with gentle enthusiasm and a smile, and don't be afraid to strike up a conversation. METRO

PROUD SPONSOR AND OFFICIAL PIZZA OF THE TORONTO INTERNATIONAL FILM FESTIVAL®
PIZZA NOVA
SINCE 1963
416 439-00-00
ORDER ONLINE @ pizzanova.com
tiff. toronto international film festival
OFFICIAL SPONSOR 2011
PIZZA NOVA
™ Toronto International Film Festival is a registered trademark of Toronto International Film Festival Inc. used under license by Pizza Nova.

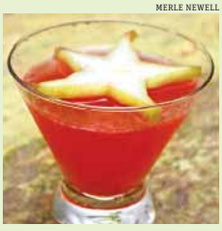
TIFF at a glance. Monday


Madonna's film W.E. has a gala screening at Roy Thomson Hall, 60 Simcoe St., tonight at 6:30 p.m.
Director Jonathan Demme's Neil Young film screens at the Princess of Wales Theatre, 300 King St. W., tonight at 7 p.m.
The cast and crew of The Lady holds its post-screening party at The Roosevelt Room, 328 Adelaide St. W.
Entertainment One hosts its party at the Royal Conservatory of Music, 273 Bloor St. W., tonight.
Luc Besson's The Lady, about political prisoner Aung San Suu Kyi, screens at Roy Thomson Hall, 60 Simcoe St., tonight at 9:30 p.m.
The cast of Pariah is having dinner at The Spoke Club, 600 King St. W. The A Funny Man party takes place on the club's roof later that night.
Mongrel Media hosts its annual party in The Distillery District tonight at 9 p.m.

Drink Pick: The Spoke Club

The Grand Entrance

MERLE NEWELL



This drink is a sophisticated twist on the ever-popular Cosmo.

Ingredients:

- 1 oz Gibson's 12-year rye whiskey
- 0.5 oz Grand Marnier
- 1.5 oz cranberry juice
- 0.5 oz homemade ginger syrup
- 1 lemon wedge squeezed into shaker

Shake and strain into a stemless martini glass. Garnish with a fresh slice of star fruit.

RECIPE BY JOE HOWELL, HEAD SPOKE CLUB BARTENDER

metro ChickAdvisor

GET tiff'd

Which pick up line would you try on a celeb?

Cast your vote at ChickAdvisor.com/Metro

This weekend's question: Where is the best location to spot celebs during cocktail hours @TIFF:

Answer: #1: Hazelton Hotel (57%) #2: Thompson Hotel, Spoke Club, The Ritz: (14% each)

Dancy talks TIFF

Actor Hugh Dancy brings two distinctly different films to TIFF: Martha Marcy Mae Marlene and Hysteria

NED EHRBAR
SCENE@METRONEWS.CA

GETTY IMAGES

You have a couple of films here at the festival.
Yes. I'm leaving in between the two of them, so it feels like two festivals. I'll just come back with a whole new set of clothes. And [Hysteria] I haven't seen, so that's a strange experience. I thought, 'Well I can try and watch it before,' but at this point, when it's three days away, what's the point? It's like having a dress rehearsal for your own execution, you know?

So you're seeing it here?
Yes. I will be doing press about it before I've actually seen it, which is always an odd experience.

Will you have any time to see anything else at the festival?
I think the only thing I will get to see is the Descendants. That's about it. I've been to TIFF twice, once for the Jane Austen Book Club, and then I came again ... When I came the first time, I arrived in my hotel room to find a pair of pristine, white pajamas with my name stitched into the pocket — "Hugh." It was very sweet. I still own them. That's how this festival has changed! Where are my pajamas?

Swag Pick

Indeed Lab's Okrapeptide

ROCK-IT PROMOTIONS

Funny man Russell Peters might keep the laugh lines away with Indeed Lab's Okrapeptide, an innovative skin care product that he picked up at the Tastemaker's Lounge.

ELIZABETH BEDDALL

TRY TELEHOP RISK FREE

Bonus 2000 Minutes to Canada and U.S. for 6 months
Quote Promo Code: CAUS6

SIGN UP NOW
1·800·210·9256

$36.98* per month
Home Phone
8 Calling Features Included
+
High Speed Cable Internet
300GB Bandwidth Limit

www.telehop.com | Telehop™ Satisfaction is Everything

Scan with your mobile application to sign up today
Or visit
www.telehop.com/internet

805

Terms and conditions apply. *Taxes extra. 2 year commitment required for $8.99 Home Phone Basic Plan. Price subject to change without notice. High Speed Cable Internet service available in certain cities in the GTA only. Please see website for details. If you are not satisfied with your home phone or internet service, you may cancel the service anytime within 30 days and will not be charged the monthly fee. CAUS6 promo code is valid when you sign up for any Telehop Home Phone plan. Code valid from August 9, 2011 and expires on December 31, 2011. May not be combined with any other offer.

3 life

You need this

NotPad
This perfect back-to-school gift looks like an iPad but is really just a notepad. It's great for kids who want to trick their friends — or officeworkers whose evil bosses won't buy the real thing. MWN

NOTPAD
$17.99, firebox.com

A new study shows

56%

...of kids aged three to 11 have been exposed to tobacco smoke, according to a new study published in Pediatrics. Many of them are absent from school due to illness. MWN

Parents looking to cut their budgets go back-to-school shopping alone.

Back to school movies

Everything we know, we learned from the movies Here are a few flicks that may help your kid to prepare for the new semester

Dead Poets Society

A crew of prep-schoolers (including a young Ethan Hawke) struggle with academic and parental pressures, finding relief in the wise words of their English teacher (Robin Williams).
QUOTE: Says the prof: "No matter what anybody tells you, words and ideas can change the world."
LESSON LEARNED: Carpe Diem! Sieze the day!
GOOD FOR: Ages 13 and up. There's a suicide, but it's an instructive one. Some good lessons for dads, too.

Mean Girls

You've either been one — or been tortured by one. Lindsay Lohan plays the new girl, seduced by the popular kids until she finds out how shallow they really are. Screenplay by Tina Fey.
QUOTE: "If only you knew how mean she really is... You'd know that I'm not allowed to wear hoop earrings, right? Yeah! Two years ago she told me hoops earrings were 'her' thing and I wasn't allowed to wear them anymore."
LESSON LEARNED: Be yourself, even if you have to sit at the nerd table.
GOOD FOR: Ages 11 and up. Show it to your little girls before they becomes one of the Plastics.

▶ Dead Poets Society

Back to School

An old fart (Rodney Dangerfield) returns to college because…well, there's no real plot reason.
QUOTE: "I think I'm attracted to teachers," says Rodney. "Yeah, I took out an English teacher. That didn't work out at all. I sent her a love letter... She corrected it!"
LESSON LEARNED: If you apply yourself, you can do anything.
GOOD FOR: 14 and up. Warning: This film contains sexual content and bad jokes like the above.

Billy Madison

Over a few months, an immature goofball (Adam Sandler) repeats grades one through 12, to impress his dad and inherit a hotel company.
QUOTE: "I don't know," says Billy, "I kinda feel like an idiot sometimes. Although I am an idiot, so it kinda works out"
LESSON LEARNED: Responsibility. It's sometimes more fun than drinking. Because it may lead to scoring the hot teacher.
GOOD FOR: Who are you kidding? Your child has seen this already, like, 10 times.

Rushmore

A precocious youth (Jason Schwartzman) acts wise beyond his years — until he falls in love with an older woman and finally flails. A divorcing man (Bill Murray) is his best friend and competition.
QUOTE: Says Max: "My top schools where I want to apply to are Oxford and the Sorbonne. My safety's Harvard."
LESSON LEARNED: Act your age.
GOOD FOR: Those 14 and up. Unless your kid is like Max. In which case, 8.

The Graduate

Benjamin (Dustin Hoffman) finished high school. What's next? An affair with an older lady.
QUOTE: "It's like I was playing some kind of game, but the rules don't make any sense to me," cries Benjamin. "They're being made up by all the wrong people. I mean no one makes them up. They seem to make themselves up."
LESSON LEARNED: It's OK to feel lost.
GOOD FOR: Ages 13 and up. Assuming they'll sit still for a movie made before 1992.

Ferris Bueller's Day Off

Three high schoolers, led by the ballsy Ferris (Matthew Broderick), skip school and truly live.
QUOTE: "I am not going to sit on my ass as the events that affect me unfold to determine the course of my life," says Cameron. "I'm going to take a stand. I'm going to defend it."
LESSON LEARNED: Carpe Diem! Again!
GOOD FOR: Never let your kids see this movie. God forbid they get minds of their own.

Take the lentil dip plunge

From the grain fields of Saskatchewan to specialty stores across Canada, camelina oil enhances the taste of food Try it in this tasty dip

Roasting garlic makes it wonderfully mellow, which you want for this Roasted Garlic and Red Pepper Lentil Dip recipe rather than the pungent flavour it has when fresh.

Camelina oil has a slight nuttiness and is not overly heavy, so it is an ideal addition to dips and dressings.

Serve the dip with slices of baguette, crackers or raw vegetables. It's also great mixed into rice or quinoa salads.

THE CANADIAN PRESS H/O

▶ This recipe makes 625 to 750 ml (2 1/2 to 3 cups).

Ingredients:

- 50 ml (1/4 cup) camelina oil, divided
- 6 to 8 cloves garlic
- 1/2 sweet red pepper
- 500 ml (2 cups) cooled, cooked red lentils
- Salt and pepper, to taste

Preparation:

1. Lightly oil garlic and red pepper with small amount of the camelina oil; place on a baking sheet and roast in a 180 C (350 F) oven for about 30 minutes, turning often, until garlic skin is brown and flesh is softened and pepper is lightly charred. (Add any oil residue left on the pan after roasting to dip while processing for additional flavour.) Set garlic and pepper aside until cool enough to handle. Squeeze out cloves and peel pepper.
2. In food processor, process lentils, roasted red pepper, roasted garlic until smooth. Slowly add remaining oil while continuing to process to ensure emulsification and smooth texture.
3. Season with salt and pepper. **THE CANADIAN PRESS/ THREE FARMERS CAMELINA OIL**

Rose Reisman's Swap It

A baked potato is one of the healthiest vegetables to consume, with only 160 calories and no fat or cholesterol. But what you add makes all the difference.

BAKED POTATO WITH CHEESE SAUCE, SOUR CREAM, BUTTER AND BACON

630 CALS/ 30 G FAT/ 550 MG SODIUM

CHEESE SAUCE, FULL FAT SOUR CREAM, SATURATED BUTTER AND GREASY BACON ADD EXCESS CALORIES AND FAT, MAKING IT EQUIVALENT TO 40 MCCAIN SUPER HOMESTYLE RED SKIN WEDGES IN CALORIES.

SWAP IT!

BAKED POTATO WITH 2 TBSP CHEDDAR CHEESE, LIGHT SOUR CREAM AND SALSA

340 CALS/ 5 G FAT/ 350 MG SODIUM

GRATED CHEESE, 3% SOUR CREAM AND 0 FAT SALSA MAKES THIS THE HEALTHIER CHOICE.

FOR MORE, VISIT ROSEREISMAN.COM

A surprising combo that wows

This unlikely pairing of kebabs and avocado is ideal for get-togethers Avocado Taztziki can be used as a dip

These Middle Eastern-inspired beef kebabs are a delectable treat for late summer barbecues and parties.

The refreshing avocado tzatziki adds a hint of tang to the spicy meatballs.

It can also be used as a healthy dip for fresh veggies or as an accompaniment to chicken, pork, lamb or shrimp kebabs.

THE CANADIAN PRESS H/O

▶ This recipe makes six servings.

Ingredients:

Meatball Kebabs

- 500 g (1 lb) extra-lean ground beef
- 15 ml (1 tbsp) oregano
- 2 ml (1/2 tsp) chili flakes
- 2 ml (1/2 tsp) onion powder
- 2 ml (1/2 tsp) garlic powder
- 5 ml (1 tsp) sea salt
- 2 ml (1/2 tsp) cumin
- 1 ml (1/4 tsp) black pepper
- 50 ml (1/4 cup) breadcrumbs
- 1 large egg
- 4 pitas
- 6 skewers

Avocado Tzatziki

- 1 large avocado, mashed
- 125 ml (1/2 cup) diced cucumber
- 45 ml (3 tbsp) plain low-fat yogurt
- 1 garlic clove, minced
- 6 mint leaves, chopped
- 1 lemon, zest and juiced
- 2 ml (1/2 tsp) salt

Preparation:

1. If using bamboo skewers, soak them in water for about 30 minutes prior to using.
2. In a medium bowl, combine all avocado tzatziki ingredients. Chill until ready to serve.
3. In a bowl, combine beef, oregano, chili flakes, onion powder, garlic powder, sea salt, cumin, black pepper, breadcrumbs and egg, taking care not to overwork meat. Roll mixture into 18 golf ball-sized meatballs.
4. Preheat barbecue to 200 C (400 F). As barbecue is heating, skewer meatballs (3 per skewer). Grill kebabs on vegetable or stone grill plate for 10 to 15 minutes, turning frequently, until internal temperature registers at 85 C (180 F).
5. Alternatively, preheat oven to 190 C (375 F). In a large pan over medium-high heat, sear kebabs for 2 minutes per side. Remove from heat and bake for 10 to 13 minutes or until internal temperature registers at 85 C (180 F).
6. To serve, place 1 kebab in centre of each pita and remove skewer. Divide tzatziki evenly among pitas. **THE CANADIAN PRESS/ AVOCADOS FROM MEXICO (MISSAVOCADO.COM)**

THE RUN

ALL PHOTOS PROVIDED BY: CIBC

CIBC RUN FOR THE CURE TAKES PLACE ON OCTOBER 2

In 1996, Mike Stevenson, Senior Vice-President for Western Canada, CIBC, signed up for the CIBC Run for the Cure in Kelowna, it was important to support CIBC's involvement in the event and it was a good cause. But on race day, a note "I'm running for my mom" on a runner's bib hit a nerve and led Stevenson to a more heart-felt commitment. "I realized just how real it is and how this disease affects so many people."

That emotional connection is one that many Canadians have felt... and acted on. The Canadian Breast Cancer Foundation CIBC Run for the Cure today is the largest single-day volunteer-led event raising money and awareness for breast cancer in Canada. Last year, close to 170,000 participants raised $33 million to fund research, education and awareness programs.

Runs will be held in 59 communities across Canada this year on Oct. 2. Participants will run or walk (most participants actually walk) a 5k or 1k, and it will no doubt be fun, exciting and, at times, emotional.

Teams and other groups of family and friends, some with kids in strollers and dogs, will walk the route together. Some will wear pink wigs or boas; others will carry pink balloons and banners. There will be lots of survivors walking too (and wearing a different colour). Somewhere near the start line participants will post poignant messages for loved ones and others, on the Wall of Hope.

"My kids sign the Wall of Hope in the Durham, Ont. run every year," says Kevin Dove, Senior Director, External Communications, CIBC. "And we always look up previous years' messages. My wife's mother died of breast cancer at an early age. For my kids, participating in the run is a connection to a grandmother they don't know."

At the end of the day, everyone is running for someone.

"Someone in our office was diagnosed with breast cancer last August," says Colette Ferron, General Manager for CIBC in Toronto, and Run Champion for some 80 branches in the city. "This year, I'm sure a significant number of CIBC employees will be wearing her name."

The newest run location is outside of Canada – in Kandahar. Check out **runforth cure.com/site/TR?fr_id= 1370&pg=entry** to sponsor someone on the team!

THINK PINK

On Sept. 13, onlookers will likely stop in their tracks as several hundred breast cancer survivors march around Banker's Hall in downtown Calgary.

"The survivors' parade always sends a powerful message of hope to the community as it raises the awareness of breast cancer and the CIBC Run for the Cure," says Nicole Davis, Senior Manager, CIBC Western Region.

The parade is just one of many activities taking place during Think Pink Week to generate excitement and awareness around the upcoming CIBC Run for the Cure.

While most CIBC branches across Canada will be decorated in pink and hold bake sales (think pink cupcakes) and encourage donations in other ways, there will be lots of other fund- and awareness-raising activities too.

In Commerce Court, in Toronto, for example, there will be an area set up with healthy food displays, a breast cancer awareness booth and other information.

In Montreal, an evening gala with dancing and music will be held. Sophie Blouin, Senior Manager, Eastern Region, says 1,000 guests are expected to raise $80,000.

In Dartmouth, a first-time event will provide information to passers-by. There will be refreshments such as pink lemonade as well as a raffle for a Ford Mustang!

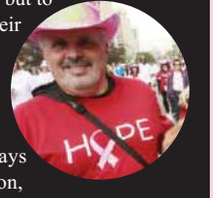
CIBC branches in Edmonton and Vancouver will have afternoon barbecues and feature different speakers including survivors.

"Think Pink Week lets people come out and make a difference in the fight against breast cancer," says Glen Trueman, CIBC Branch Manager, Charlottetown. The city is always decorated with lots of Think Pink banners and signs during the week. "It gives all of us in the different branches the opportunity to work in our communities to increase awareness for a cause we're all fighting for very heavily."

TIME TO STEP UP

WHO ARE YOU RUNNING FOR?

This year's CIBC Run for the Cure participants are being encouraged to not only write the person's name on their bibs but to have it on their shoes too!



It's a unique and fun campaign, says Diane Gordon, Vice-President, National Development, CBCF – Central Office. "We're encouraging people to paint their own shoes, whether it be running shoes or stilettos or anything you want to paint, to show as an expression of who are you running for."

Check out this video for information on how to paint and decorate your shoes: **youtube.com/watch?v=8Jm6UWR0CB8**

BUDDY HOLLY THINKS PINK TOO!

For four years running, the Charlottetown Festival in P.E.I. has generously offered one of its performances as a special awareness show for the CIBC Run for the Cure and breast cancer research. This year Buddy: The Buddy Holly Story has been renamed Buddy Thinks Pink for one night only.

"The hope is that Buddy Holly himself is in the lobby after the show to help collect donations from patrons as they leave," says Glen Trueman, CIBC Branch Manager in Charlottetown. "It's a tremendous awareness piece for us and draws a lot of attention."

The show is at the Confederation Centre of the Arts.

CIBC RUN FOR THE CURE:

MAKING THE MOST OF A BAD SITUATION

"THE CIBC RUN FOR THE CURE IS NOW PART OF THE FABRIC THAT MAKES UP OUR ORGANIZATION,"

says Veni Iozzo, Senior Vice-President, Marketing and Strategy, CIBC.

That's not hard to believe when you consider the run started in 1992 and CIBC has been title sponsor for 15 years and a national sponsor prior to that.

In that first year in Toronto, about 1,500 participants raised $83,000. In 1993, the run expanded to Vancouver and that's where CIBC employees got involved showing their support for a colleague who was living with breast cancer. That participation spread across the country and inspired CIBC to become a corporate sponsor.

"This is really a grassroots program. It started with the passion of a few employees and it drove our corporate sponsorship," says Iozzo.

The strength of the partnership and the deep commitment has evolved over the years, says Diane Gordon, vice president, National Development, CBCF – Central Office. "We're up to raising $33 million last year… what it takes to have something like that happen is a really true close partner like CIBC who makes it a part of their corporate culture to provide that support in helping to make it grow."

Team CIBC is responsible for team registrations, the Pink Collection, training branch employees on donation procedures and contributing to run planning. But all year it supports fund- and awareness-raising. For example, the Pink Tour is a mobile education campaign that stops in different towns and cities. CIBC also partners with St. Margaret's Hospital to produce information booklets for patients and survivors.

More than 13,000 CIBC employees (and their friends and families) volunteer for CIBC Run for the Cure.

GET IT WHILE IT'S PINK

When CIBC management in 2007 decided to put the kibosh on fund-raising with pink products by individual branches, there was an uproar by employees.

"So we decided to create a collection, which we called the Pink Collection," says Angela Sarino, Senior Manager of Cause Sponsorship, CIBC. "It provides a fun way of interacting with people, and it's easier, I think, for people to raise money when they have something they can give back in exchange."

CIBC works with suppliers to create products and takes ideas to its employees for their input too. "There are regional taste differences but mostly we want to make sure our employees, who are the face of this campaign, are confident in promoting the products as well."

It's also imperative to the program that the most possible money is going back to CBCF. "The unit cost of each product must be 50 per cent or less of what we think we can get for it," says Sarino, "… so at least 50 per cent of what the consumer gives is going back to the cause, which is the Canadian Breast Cancer Foundation."

CIBC Pink Collection hangtags identify the products and the cause, and they also show the suggested contribution amount. "We're not selling these products… they're a 'gift' with contribution. And, people usually contribute that amount we suggest if not more."

CBCF is involved in this program right from selecting the products.

Last year, $1.66 million was raised through the Pink Collection campaign.

INTRODUCING… THE PINK COLLECTION

THIS YEAR'S CIBC PINK COLLECTION IS ALL NEW AND EXCITING AND AVAILABLE AT YOUR NEAREST CIBC BRANCH. HERE'S WHAT'S IN THE COLLECTION:

1. Friendship Bracelet, $2
2. Magnetic Post-it Note Pad, $4
3. Run for the Cure Socks, $7
4. Dog Leash, $7
5. Wristlet (with hot pink lining and black exterior), $10
6. Stainless Steel Travel Mug, $15

NEW CIBC AWARDS ENCOURAGE STUDENTS TO GET INVOLVED TOO!

"There are so many things that helped fuel the growth (of the run) over the years," says Diane Gordon, Vice President, National Development, Canadian Breast Cancer Foundation – Central. "This year, for example, CIBC introduced the Post-Secondary Student Challenge awards program."

The program will award 15 education awards totalling $150,000, to top student fundraisers across the country. Also, the top fundraising school in each region will be recognized.

The overall goal is to encourage students to participate in the run in a meaningful and fun way. It will also build awareness of the importance of taking steps to reduce risk of breast cancer by leading healthy lifestyle.

For more information, visit **runforthecure.com/site/PageServer?pagename=2011_Teams_Challenge.**

Shoring up our resources

Want to help out? Get involved in the Canadian Shoreline Cleanup

BEN KNIGHT
LIFE@METRONEWS.CA

Have you ever strolled along a lovely shore, and had the wind taken somewhat out of your sails by the sight of even a single piece of litter?

You're not alone. In many urban environments, shorelines offer the closest, most convenient bit of nature most Canadians see on a daily basis. That's why keeping them clean is so important. And that's why the Vancouver Aquarium, WWF-Canada and Loblaw are teaming up this month to offer a simple, hands-on way to get involved.

The Great Canadian Shoreline Cleanup runs from Sept. 17 through 25.

"There are many great things about this program, but the one I really like is that it is available to absolutely everyone," says the Vancouver Aquarium's Jill Dwyer, program manager for the cleanup. "I've seen parents cleaning up shorelines along with their babies, and this year we have a site co-ordinator in his '80s."

Getting involved is easy. Visit the website — shorelinecleanup.ca — and register either as a participant or local co-ordinator. Co-ordinators get to organize and run their local cleanup. Participants just need to show up.

"It started back in 1994 with just a handful of Vancouver Aquarium employees, who were taking part in the International Coastal Cleanup," she recalls. "Then it grew to be a B.C.-wide program, and in 2002 it went national. Every year since 2003, we've had cleanups happening in every province and territory across Canada."

ISTOCK PHOTOS

▶ Canadian lakes, streams and wetlands need your help.

Shoreline litter is unsightly and annoying, but it can also be deadly for birds and aquatic animals.

"We're trying ensure it doesn't get into the water and become aquatic debris," Dwyer says.

"That can lead to toxic chemicals in the water, it can entangle the animals that live there, or they can ingest it and either choke or falsely think they are full, not getting the nutrients they need."

Lakes, streams, rivers, wetlands — anywhere land meets water. One week's co-ordinated effort in September can make a big difference throughout the year. This is the perfect, simple way to make a real contribution.

Last year

The cleanest and the dirtiest

Statistics In 2010's Great Canadian Shoreline Cleanup, the cleanest shore in Ontario was Running Creek in Crothers Conservation Area, near Wallaceburg, with just 0.1 kg of waste per kilometer. The dirtiest was Sydenham Lake, Kingston – 5000 kg/km!

great canadian shoreline cleanup™
presented by Loblaw
September 17-25, 2011
Canada's shorelines need your help!
Find a cleanup site near you.
Visit ShorelineCleanup.ca
A CONSERVATION INITIATIVE OF
vancouver aquarium
conservation in action
WWF
NATIONAL SPONSORS
PROVINCIAL SPONSOR
CONSERVATION SUPPORTERS
© 1986 Panda symbol WWF-World Wide Fund For Nature (also known as World Wildlife Fund). ® "WWF" is a WWF Registered Trademark.

OUR PROVINCE OUR FUTURE
Cleaner Ontario
saveONenergy℠
FRIDGE & FREEZER PICKUP
Save up to $125 a year on electricity costs by having your old fridge or freezer removed, FREE of charge.*
If you have a fridge or freezer that is 15 years old or more and in working condition, the Ontario Power Authority will haul it out of your home and recycle it in an environmentally-friendly way, FREE of charge. Window air conditioners and dehumidifiers† can also be removed if you book an appointment for at least one eligible fridge or freezer.
For complete details or to book an appointment, visit torontohydro.com/pickup or call 1.877.797.9473 today.
Subject to additional terms and conditions found at torontohydro.com/pickup. *Fridges and freezers must be 15 years of age or more, in working condition and between 10-27 cubic feet. Access conditions apply. †Window air conditioners and dehumidifiers must be 10 years of age or more and in working condition. Funded by the Ontario Power Authority and offered by Toronto Hydro-Electric System Limited. A mark of the Province of Ontario protected under Canadian trade-mark law. Used under sublicence. ℠Official Mark of the Ontario Power Authority. Used under licence. The star design is a trade-mark of Toronto Hydro Corporation used under licence. 'Toronto Hydro' means Toronto Hydro-Electric System Limited.
TORONTO HYDRO

‘Giving is the only way of getting’

Multimillion-dollar business owner Radhe Gupta has always come to the table with a commitment to generosity

▶ Radhe Gupta hopes he can inspire and mentor others to achieve their career goals and dreams.

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

As a young boy growing up in India, Radhe Gupta was already thinking like a businessman.

“If I needed one dollar for school, I’d borrow three. One for school, one for a cushion for myself and the third dollar I would lend to someone that needed it.”

Gupta has turned that simple business practice into a multimillion-dollar real estate company in Edmonton.

He started buying real estate in 1989, and then got into condominium development.

From there he skillfully guided the company into developing whole communities and commercial property.

The Rohit Group of Companies grossed more than $150 million last year.

“My advice to future entrepreneurs is, never start any business cash short. You have to make sure you have extra means to cover the shortfalls.”

Gupta is telling his story and mentoring others now because he wants to give back to the community and country that gave him and his family so much.

He has a final message for every aspiring entrepreneur and business person reading his story today.

“I want them to think, ‘If he can do it, so can I.’”

Expert advice

A mentor and millionaire’s advice for aspiring entrepreneurs

- If you need a penny, borrow three
- Be fair, plus a little bit more
- If you buy right, you can consider it half sold
- Giving is the only way of getting
- Pay on time. Money is best where it belongs.

Randstad Canada
National Open House

Wednesday, September 14, 2011 from 8 am to 7 pm

Come meet with us and explore new career opportunities! Drop by one of our offices with your resume and two references.

- Bilingual Customer Service/Order Entry - Manufacturing Sector - Downsview Area - $35,000 - $45,000
- Receptionist - Engineering Organization - North York - $30,000 - $32,000
- Administrative Assistant - Healthcare Industry - North York - $35,000 - $40,000
- Executive Assistant - Scarborough Region - $50,000 - $55,000
- Bilingual Receptionist - Media Organization - Markham - $40,000
- Facilities Coordinator - Non Profit - $45,000 - $50,000
- Data Entry Clerk - Insurance Experience required - $30,000, 1 year contract
- Administrative Assistant - Temporary Positions - Mid Town Toronto - $16 - $19/hr
- Executive Assistant - VP of Marketing - Temporary to Permanent - Markham - $22 - $23/hr
- Bilingual Customer Service Rep - North York - $17/hr - 1 year contract
- Bilingual Client Service Associate - Toronto - $18/hr - Temporary to Permanent
- Bilingual Collections Agent - Toronto - $16/hr - 6 month contract
- Data Entry Clerk - Banking Industry - $12/hr
- Manager/Partner Assistant - Work for one of Canada's Top Employers - Permanent - $48,000 - $55,000
- Claims Administrator - Insurance Industry - Permanent with great opportunity for growth - University Degree required - $30,000 - $35,000
- Receptionist - Healthcare Industry - Temporary 2 months - $13/hr

Randstad Toronto | 165 King Street West, Toronto M5H 4H2
Randstad Bloor | 85 Bloor Street East, Suite 102, Toronto M4W 3Y1
Randstad North York | 4025 Yonge Street, Suite 102, North York M2P 2E3
Randstad Markham | 7357 Woodbine Avenue, Suite 2, Markham L3R 1A7

Visit **randstad.ca** to view all of our current openings.

randstad
Staffing | Professionals | HR Solutions | Inhouse Services

Great jobs, Great employers, Great possibilities

The Bilingual Job Fair

Administration, CSR, Call centre, Collection

Wednesday, September 14, 2011

From 12pm to 6pm

At the Fairmont Royal York Hotel
Upper Canada Room

100 Front Street West, Toronto
(Bay and Front)

AGF Investments, B2B Trust, Quantum, CI Investments, Staples, The Co-operators, Centre francophone, GP Car and Home, ING Direct, Davis + Henderson, College Boréal, Industrial Alliance, Mier Inc, TDS, De Lage Landen... and more!

Over 1000 positions: **Customer service, Call Centre, Sales rep, team leaders, Insurance prober, Accountant manager, Operations manager, Administration, Marketing, Supervisor, Coordinators**... and more!

For more info or directions, call 1-866-784-3020 or visit
www.bilinguallink.com

INTRA-ORAL DENTAL ASSISTANT

- Level 1 & 2
- Smaller Class Size
- Clinic and Pre-Clinic on site

ENROLL NOW!

EARLY CHILDCARE ASSISTANT

- Smaller Class Sizes
- 490hrs Placement Included

OXFORD College of Arts, Business and Technology
* Financial Aid available to those who qualify

416-439-8668
www.oxfordedu.ca

Grey hair not a sign of wisdom

BOOK REVIEW

CRAIG LUND
LIFE@METRONEWS.CA

When it comes to picking a leader, a general assumption has been to look at someone with a lengthy resumé, let's say one with a slew of CEO stints, and assume that success will be imminent.

According to The Intangibles of Leadership author Richard A. Davis Ph.D., this assumption — which he refers to as the grey hair fallacy — is not uncommon.

"People assume that grey hair is a determinant of success" says Davis.

"CEOs are hired because they have been CEOs before, many times regardless of what industry or company they come from."

Davis gives the example of Starwood Hotels & Resorts, owners of Le Meridien, Sheraton, Westin and W Hotel brands, hiring of Steven Heyer, then COO and President of Coca-Cola, to lead the global hotel company.

Despite having been publically lauded by Starwood Chairman Barry Sternlicht as "a marketer who has championed some of the world's most valuable and global brands," Heyer did not work out.

When it came to fit, Heyer's leadership style, a direct and hard-nosed approach, was not a match for Starwood culture.

Davis points out that "leaders aren't wise as a result of their experiences. They are wise because of their ability to utilize those experiences."

More importantly age is not a precursor.

A management psychologist by trade, Davis' book describes what he refers to as the "intangibles of leadership" which are "interstitial characteristics — traits that fall between the lines of existing leadership models."

Wisdom being one of these characteristics, others include executive maturity, integrity, self-insight, fallibility and fortitude.

Davis' insights poke a few holes in the traditional resumé scan, and describe a kind of leader that would be an asset to any organization.

Davis' insights poke a few holes in the traditional resumé scan, and describe a kind of leader that would be an asset to any organization.

CRAIG LUND, IS THE PRESIDENT OF MARKETING SERVICES FIRM MARKETING TALENT INC. AND CAN BE REACHED AT CLUND@MARKETINGTALENTINC.COM OR ON TWITTER @CRAIGLUND

monster.ca

Who has time to stand in long lines waiting to speak to recruiters?
Skip the line. Go straight to the front!

Monster Virtual Career Fair, Sept.12th-19th

REGISTER NOW!

www.monstervirtualcareerfair.ca

4th International Sensory Conference

COME TO YOUR SENSES

October 19th-23rd, 2011 ■ Toronto, Canada

Ideal For Teachers & OT`s
Don't Miss This Opportunity!

Activating The Sensory Capital Within Children & Adults With Autism And Other Complex Disabilities

Choose One Full Day Pre-Conference Workshop
Only $100.00 , Lunch Included.

For more information call 416-630-2222, or visit
www.cometoyoursensesconference.com

Student & Family Rates Available

MukiBaum Treatment Centres
FOR CHILDREN AND ADULTS WITH COMPLEX DISABILITIES
FINDING HUMAN TREASURES BEYOND DISABILITIES™

40 Samor Road, Toronto, ON M6A 1J6
Tel. 416-630-2222 Fax: 416-630-2236
Charitable Registration No. 10379 8245 RR0001

FLIGHT CENTRE
Unbeatable

Want to leave your mark on the travel industry?

You're eager to get your hands on a new opportunity. You want a career that brings out your best and offers great incentives and big rewards. Of course you love to travel and believe you have the edge and experience when it comes to sales.
Apply online today!

flightcentre.ca/careers

BEST

Put your money where your heart is

Former Dragon's Den co-star W. Brett Wilson invests in new series Show 'celebrates entrepreneurship'

Former Dragons' Den co-star W. Brett Wilson says he's proud of his work on the CBC-TV business investment series, and he's thankful for what the show did to raise his brand.

But the Calgary-based businessman and philanthropist feels his new Slice series Risky Business falls more in line with his personal principles than Dragons' Den ever did.

"I had said publicly, 'If I'm going to do more TV, it has to celebrate entrepreneurship,"' said Wilson, who split from Dragons' Den last February after contract talks failed.

"For me, Dragons' Den isn't living up to the potential of celebrating entrepreneurship. It's raising the profile but we're not really doing all that we could do and that's really the lost opportunity.

SLICETV/THE CANADIAN PRESS

Risky Business debuts tonight on Slice.

"But that's OK, it's not my show. ... Now (with Risky Business) we get a show that actually celebrates entrepreneurship right from start to finish and I jumped all over it."

Debuting tonight (at 9 p.m. ET) on Slice, Risky Business sees Canadian couples — from spouses to siblings and friends — betting their savings on one of two investment opportunities proposed by two different entrepreneurs.

The amount of money the couples cough up ranges from about $10,000 to $20,000, and they invest it for just 30 days.

Wilson advises the duos as they decide which investment to pick and then strikes his own deal with the entrepreneur they reject.

After the 30 days is up, Wilson meets up with the investors to assess the results of each of their deals.

"What the show's doing is opening people's eyes to all the other things you can do that are real business, real opportunities," Wilson said during a break from shooting the show at a mansion just west of Toronto this summer.

"The investors are coming to the show with a whole range of dreams, if you will. In one case, someone wants to help their father buy a retirement home in southern Florida. Another, they want to start saving for a child's education."

Risky Business is based on the British TV show Beat the Bank. Investment opportunities on the Canadian version include house and car flips, a pool tournament, a poker gala and a charity event.

Wilson — who is chairman of Canoe Financial and Prairie Merchant Corporation — said he invested $150,000 to $200,000 of his own money during the 13 episodes of the show.

The co-founder of FirstEnergy Capital Corp., can't reveal the results from the deals made on the show, but said "there's been some winners and there's been some not-winners."

"I hate calling them losers, but there are some deals that haven't worked out and that's just reality. Frankly, we're not going to pretend that it isn't real. It has happened."

THE CANADIAN PRESS

The nice guy

Business without the bite

On Dragons' Den, Wilson was known as the generous and nice one, striking more on-air deals (60 of them, 30 of which closed) than the rest of the fire-breathing bunch.

Keeping Canada Paid

Canada's 1.5 million employers count on payroll professionals to annually pay $810 billion in wages and taxable benefits, $250 billion in federal and provincial statutory remittances, and $90 billion in health and retirement benefits *while* complying with more than 191 federal and provincial regulatory requirements.

THE CANADIAN PAYROLL ASSOCIATION
CPA ACP
L'ASSOCIATION CANADIENNE DE LA PAIE

www.npw-snp.ca

National Payroll Week – September 12-16, 2011

Platinum Sponsors
ADP
CERIDIAN

Gold Sponsors
AVANTI software
NATIONAL BANK FINANCIAL GROUP
DLGL
PAYweb.ca

Silver Sponsors
Accountemps A Robert Half Company
Robert Half Finance & Accounting
Desjardins Payroll and Human Resources Services

Bronze Sponsors
Commission des normes du travail Québec

High-tech teach

Science on the screen

▶ High school teacher Shelley Wright says this year, for the first time, her students will have the option to hand in video labs in place of paper-based lab reports.

Get the Career YOU Want in 5-12 Months!
We Speak Your Language! 416-969-8845
Para su consulta gratis en español, por favor llame a Lidia ext 224
免费中文咨询—请电Jun分机228!
مشاوره متخصص فارسی زبان: " کیا " شماره تماس داخلی: 223
Hindi, Punjabi aur Tamil mein salah ke liye, kripya extension 225 pe, Niyati ko phone karein
Бесплатная консультация на русском языке & Consultație gratuită în limbă română: 416 646 5599 or 647 403 9661
Financial Assistance May Be Available To Those Who Qualify!
New: FREE English Courses for Our Students!
Health Care
• Personal Support Worker*
• Community Service Worker*
• Medical Office Assistant*
• Medical Receptionist
*with practicum
Law & Business
• Police Foundations (class starts in two weeks)
• Legal Office Assistant
• Business Administration
• Conference & Event Planner
Accounting & IT
• Accounting & Payroll
• Web Designer
• Network Administration
• PC Support Specialist
• Computer Service Tech
• Canadian Security Course
Other Programs
• Marketing Coordinator
• Home Inspection
• Int'l Hospitality Management
• Sales Professional
• Over 40 Diploma Programs
Call to Try Our Classes For Free!
Academy of Learning
DOWNTOWN TORONTO (Bay/Bloor)
1255 Bay Street • Suite 900
Toronto, ON • M5R 2A9
www.aoltoronto.com

Lights, camera, active learning

Educators nation-wide are buzzing about the incorporation of video into the classroom environment

JOANNA SANDERS BOBIASH/THE CANADIAN PRESS

Zara Cruickshank's Grade 8 science class is a little different from those of yesteryear. Students regularly make mini films or podcasts for class projects, reams of notes are a thing of the past and video is an important part of learning.

As the new school year begins a number of Canadian classrooms are increasingly implementing video as an educational tool to keep their digitally-savvy students engaged and interested.

"It's just easy to focus when it's visual," says Cruickshank. "You can be creative and have fun doing it because you're putting your ideas together to make something for school, to make school easier."

The 13-year-old at Regina's Ecole Wilfrid Walker is talking specifically about Joanna Sanders Bobiash's classroom.

Bobiash — who travelled to Seattle's Google Teacher Academy this summer to brush up on her web and video skills at the first ever YouTube Teacher Studio — plans to use video a lot more extensively in her classroom this year.

▶ Young students watch themselves on replay on a video camera to practice their oral French skills.

"Everyone has different learning styles, they learn best in different ways," she says. "Video provides the opportunity to almost deliver both (visuals and text) at the same time. You have visual, you could have written and you have audio at the same time and students can refer to them at their own pace."

"Everyone has different learning styles... Video provides the opportunity to almost deliver both (visuals and text) at the same "
JOANNA SANDERS BOBIASH, TEACHER

The days of classroom video consisting of a TV and VCR rolled in for a lengthy film students could zone out on are over. Bobiash, who teaches science and social studies, uses digital video to deliver information in short, interactive bursts and encourages students to make their own films for projects which can later be posted online through her YouTube channel.

"Before they could only express themselves in the written form, but now they can express themselves in different ways," said the 35-year-old teacher. "They're really drawn to video when doing research, it helps blend different learning styles better than just reading a bunch of text online."

THE CANADIAN PRESS

Career Finder

To advertise contact Josie McKenzie at 416-443-4364

snclavalinpae.com

They have supported the Canadian Forces in Afghanistan.

SNC-LAVALIN PAE

SNC-LAVALIN PAE INC., which provides civilian support services to the Canadian military on deployed operations, is closing its project on Kandahar Airfield as the Canadian Military departs the area.

Now, let them put their expertise to work for you.

Our workforce is highly skilled and we're pleased to recommend them for future employment in the following areas: **engineering design, electrical, carpentry, air conditioning, plumbing, power generation and other trades, vehicle maintenance, transport operators, IT technicians, administration, general labourers, building cleaners and warehouse technicians.**

For further details, call our HR Manager or Recruiting department at **613-565-7853.**

Learn how you can turn income tax into income.

H&R Block's Tax Training School is a hands-on course offering high quality training from our knowledgeable instructors. Learn how to prepare your taxes, and how you could make extra money preparing them for others.* Imagine a seasonal full or part-time job that works to your schedule, allowing you the freedom to enjoy life both in and out of the office.

Classes start mid-September.

Register online at hrblock.ca or call 1-877-32BLOCK (322-5625) for details.

H&R BLOCK®

* Enrolment restrictions may apply. Enrolment in, or completion of, the H&R Block Tax Training School is neither an offer nor a guarantee of employment. This course is not intended for, nor open to any persons who are either currently employed by or seeking employment with any professional tax preparation company or organization other than H&R Block. © 2011 H&R Block Canada, Inc.

Dwell on playoffs nevermore

Ravens avenge their post-season defeat by thumping Steelers 35-7

The Baltimore Ravens had just beaten their bitter rivals in record-breaking fashion, and some of the players felt inclined to put some perspective on their 35-7 manhandling of the defending AFC champion Pittsburgh Steelers.

Although their blowout victory yesterday provided some payback for January's playoff loss, coach John Harbaugh said the Ravens are focused on this season.

And Baltimore could not have started it any better.

Joe Flacco threw three touchdown passes, Haloti Ngata led an inspired defence that forced a team-record seven turnovers, and the Ravens rolled to a win.

"The whole thing about ghosts, demons, monkeys on your back — that's not real to us," Harbaugh said.

Ray Rice ran for 107 yards and scored twice for the Ravens, who took an early 14-0 lead. It was a rematch of last season's second-round playoff game that the Steelers won 31-24.

That day, the Ravens let a 21-7 halftime lead slip with three third-quarter turnovers. At halftime yesterday, Baltimore's Ray Lewis spoke up.

"They were saying, 'We've been here before,'" the linebacker said. "No, we haven't been here before. This is a whole new year."

This time, the Ravens got three takeaways in the third quarter to turn a 21-7 advantage into a rout.

Ben Roethlisberger, who had won seven straight against the Ravens, was 22 for 41 for 280 yards and threw three picks.

"I guess they were waiting for this one," Roethlisberger said. "It's not the way you want to start it for us, obviously, (but) I'd rather this be a Week 1 loss than a Week 13, 14, 15 loss." THE ASSOCIATED PRESS

ROB CARR/GETTY IMAGES

▶ Defenders Lardarius Webb and Jarret Johnson of the Ravens hit Steelers quarterback Ben Roethlisberger in Baltimore yesterday.

Around the NFL

In other action yesterday:

- Ryan Fitzpatrick threw four touchdown passes, two of them to journeyman tight end Scott Chandler, and the Buffalo Bills romped to a season-opening 41-7 victory over the Kansas City Chiefs.
- Brian Urlacher had an interception and returned a fumble for a touchdown, Jay Cutler threw for 312 yards and two scores, and the Chicago Bears pounded Matt Ryan and the Atlanta Falcons 30-12.
- Matthew Stafford threw for 305 yards and three touchdowns to help the Detroit Lions beat the Tampa Bay Buccaneers 27-20 for their fifth consecutive victory dating to the final month of the 2010 season.
- The Indianapolis Colts looked lost without Peyton Manning and the Houston Texans took advantage, as Matt Schaub threw for 220 yards and a touchdown in a 34-7 rout.

DILIP VISHWANAT/GETTY IMAGES

▶ Michael Vick rushes against the Rams yesterday.

Vick too much for limping Rams

Michael Vick was in dazzling form. The Philadelphia Eagles' other game-breakers were hard to catch, too.

The St. Louis Rams couldn't keep up, especially after losing stars Steven Jackson and Sam Bradford on offence.

Vick rushed for 98 yards and passed for two scores, LeSean McCoy scored twice and DeSean Jackson topped 100 yards receiving as the Eagles began their self-proclaimed Super Bowl drive with a 31-13 victory over the St. Louis Rams yesterday. The Eagles had 239 yards rushing and were 8 for 11 on third downs. The defence applied constant pressure and piled up five sacks, two by Jason Babin.

Darryl Tapp forced a fumble by Bradford that led to an easy 56-yard touchdown return by Juqua Parker in the first quarter.

Jackson ran for a 47-yard score on the Rams' first play, untouched until a defender got a piece of his leg a step from the end zone. He made just one more rush before calling it a day with a right leg injury. THE ASSOCIATED PRESS

4 sports

Quoted

"He was everything everybody didn't expect him to be. He was on point, he made some great runs, he made some great reads, made some fantastic throws. He made some throws out there that honestly as a receiver it made it easy to catch them."

CAROLINA PANTHERS RECEIVER STEVE SMITH, ON HIS ROOKIE QUARTERBACK CAM NEWTON, PICTURED. NEWTON COMPLETED 24 OF 37 PASSES FOR 422 YARDS AND TWO TOUCHDOWNS WITH ONE INTERCEPTION IN A 28-21 LOSS TO THE ARIZONA CARDINALS YESTERDAY.

A game to remember for Loewen

Former pitcher helps Jays edge O's with first homer

BLUE JAYS	ORIOLES
6	5

A former Orioles pitcher helped out a returning Blue Jays starter in Toronto's 6-5 win over Baltimore yesterday.

Adam Loewen of Surrey, B.C., used his first major-league home run to give the Blue Jays a 5-5 tie against his former team, setting the stage for Toronto's win on Jose Bautista's sacrifice fly.

Loewen — who was a starting pitcher with the Orioles for three years — started in centre field for the Blue Jays. His seventh-inning solo shot took Dustin McGowan off the hook for the loss in his first major-league start since July 8, 2008.

Bautista's sacrifice fly later in the inning put the Blue Jays into the lead to stay as they won the rubber match of the three-game series.

Joel Carreno (1-0) pitched the top of the seventh to earn his first major-league win and Frank Francisco earned his 14th save.

Loewen's homer over the centre-field fence against Tommy Hunter (3-4) was one of the biggest moments of his baseball career.

"Right up there with the World Baseball Classic (in 2006) when we (Canada) beat the U.S.," Loewen said. "That was my biggest moment until now just because I went from high-A ball and I was pitching against (Derek) Jeter, (Mark) Teixeira, Ken Griffey, guys I grew up idolizing.

"That was probably more exciting but this feels good too."

Loewen was drafted by the Orioles in the first round as a left-handed pitcher. He was 8-8 with a 5.38 earned-run average in 35 games with Baltimore from 2006-2008. But two stress fractures in his elbow forced him into becoming an outfielder, a position that led him to the Blue Jays. THE CANADIAN PRESS

AARON VINCENT ELKAIM/THE CANADIAN PRESS

▶ Adam Loewen is congratulated by Mike McCoy after hitting a home run yesterday.

WE NEED
MALES & FEMALES
Are you a healthy, non-smoking,
MALE OR FEMALE 18 YEARS OF AGE OR OLDER?
Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

Study # 01: Females 18 to 50 years of age
- Study starts on Friday, September 16, 2011 – 2 sessions with 3 short return visits per session.
- Compensation is up to $1550 for completing the entire study.

Study # 02: Caucasian Males 18 years of age or older
- Study starts on Wednesday, September 14, 2011 – 2 sessions with 3 short return visits per session.
- Compensation is up to $1376 for completing the entire study.

CALL: 416-747-5246
Toll Free: 1-866-747-5246
Mon-Fri: 8-7, Sat-Sun: 10-6

BioPharma Services Inc.

4000 Weston Road, Toronto
www.biopharmaservices.ca

open house
ENGAGING AND FUN
Seeking business, technology & health care focused go-getters. Over 55 programs available at campuses across Canada. Must love small class sizes taught by industry instructors. If this sounds like a match for you, let's talk.
OPEN HOUSE:
September 14th, 4:00 pm - 7:00 pm
Toronto campus - 2 Bloor Street East, Toronto
Ajax campus - 100 Westney Road, South Ajax
RSVP TO: 1.877.658.4045 or to.cdicollege.ca
CDI college
facebook.com/CDICollege
twitter.com/CDICollege
youtube.com/CDICareerCollege

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	88	57	.607	—
Boston	85	61	.582	3½
Tampa Bay	81	64	.559	7
Toronto	74	73	.503	15
Baltimore	58	87	.400	30

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	84	62	.575	—
Chicago	73	72	.503	10½
Cleveland	72	72	.500	11
Kansas City	62	86	.419	23
Minnesota	59	87	.404	25

WEST DIVISION

	W	L	Pct	GB
Texas	83	64	.565	—
Los Angeles	80	66	.548	2½
Oakland	66	80	.452	16½
Seattle	61	85	.418	21½

Yesterday's results
Detroit 2 Minnesota 1
Toronto 6 Baltimore 5
Tampa Bay 9 Boston 1
Cleveland 7 Chicago White Sox 3
Texas 8 Oakland 1
N.Y. Yankees 6 L.A. Angels 5
Kansas City 2 Seattle 1
Saturday's results
Toronto 5 Baltimore 4
Chicago White Sox 7 Cleveland 3 (10 ings)
Detroit 3 Minnesota 2
Oakland 8 Texas 7
Tampa Bay 6 Boston 5 (11 ings)
L.A. Angels 6 N.Y. Yankees 0
Kansas City 4 Seattle 2
Tonight's games
Tampa Bay (Niemann 9-7) at Baltimore (Britton 9-9), 7:05 p.m.
Detroit (Porcello 13-8) at Chicago White Sox (Danks 6-11), 8:10 p.m.
L.A. Angels (Pineiro 6-6) at Oakland (G.Gonzalez 12-12), 10:05 p.m.
N.Y. Yankees (P.Hughes 4-5) at Seattle (F.Hernandez 14-11), 10:10 p.m.
Tomorrow's games
Tampa Bay at Baltimore, 7:05 p.m.
Toronto at Boston, 7:10 p.m.
Cleveland at Texas, 8:05 p.m.
Detroit at Chicago White Sox, 8:10 p.m.
Minnesota at Kansas City, 8:10 p.m.
L.A. Angels at Oakland, 10:05 p.m.
N.Y. Yankees at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	94	49	.657	—
Atlanta	84	63	.571	12
New York	71	74	.490	24
Washington	67	77	.465	27½
Florida	66	79	.455	29

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	86	62	.581	—
St. Louis	79	67	.541	6
Cincinnati	71	75	.486	14
Pittsburgh	66	80	.452	19
Chicago	63	82	.434	21½
Houston	49	97	.336	36

WEST DIVISION

	W	L	Pct	GB
Arizona	85	62	.578	—
San Francisco	76	70	.521	8½
Los Angeles	72	73	.497	12
Colorado	69	77	.473	15½
San Diego	63	84	.429	22

Yesterday's results
Florida 4 Pittsburgh 1
Washington 8 Houston 2
Milwaukee 3 Philadelphia 2
St. Louis 6 Atlanta 3
Colorado 4 Cincinnati 1
San Francisco 8 L.A. Dodgers 1
San Diego 7 Arizona 6
Chicago Cubs at N.Y. Mets
Saturday's results
Chicago Cubs 5 N.Y. Mets 4
Colorado 12 Cincinnati 7
Florida 3 Pittsburgh 0
Houston 9 Washington 3
Philadelphia 3 Milwaukee 2 (10 ings)
St. Louis 4 Atlanta 3
Arizona 6 San Diego 5 (10 ings)
L.A. Dodgers 3 San Francisco 0
Tonight's games
St. Louis (Lohse 13-8) at Pittsburgh (Lincoln 1-2), 7:05 p.m.
Chicago Cubs (R.Lopez 4-6) at Cincinnati (Willis 0-5), 7:10 p.m.
Florida (Volstad 5-12) at Atlanta (Beachy 7-2), 7:10 p.m.
Washington (Detwiler 2-5) at N.Y. Mets (Dickey 8-11), 7:10 p.m.
Philadelphia (Oswalt 7-8) at Houston (Myers 4-13), 8:05 p.m.
Arizona (J.Saunders 10-12) at L.A. Dodgers (Lilly 9-13), 10:10 p.m.
San Diego (Harang 13-5) at San Francisco (Surkamp 1-0), 10:15 p.m.
Tomorrow's games
St. Louis at Pittsburgh, 7:05 p.m.
Chicago Cubs at Cincinnati, 7:10 p.m.
Florida at Atlanta, 7:10 p.m.
Washington at N.Y. Mets, 7:10 p.m.
Philadelphia at Houston, 8:05 p.m.
Colorado at Milwaukee, 8:10 p.m.
Arizona at L.A. Dodgers, 10:10 p.m.
San Diego at San Francisco, 10:15 p.m.

BLUE JAYS 6, ORIOLES 5

Baltimore	ab	r	h	bi	Toronto	ab	r	h	bi
Angle cf	3	2	1	1	McCoy ss	3	3	2	0
Hardy ss	4	0	0	0	EThms lf	4	1	2	0
Markks rf	4	0	2	2	Bautist rf	3	0	1	2
Guerrr dh	3	0	0	1	Lind dh	4	0	1	1
Wieters c	5	0	0	1	Lawrie 3b	4	0	0	1
MrRynl 1b	4	0	0	0	KJhnsn 2b	4	0	0	0
KHdsn pr	0	0	0	0	Cooper 1b	3	1	1	1
C.Davis 3b	3	2	1	0	Arencii c	4	0	0	0
Reimld lf	3	1	2	0	Loewen cf	3	1	2	1
Andino 2b	4	0	1	0	Wise cf	0	0	0	0
Totals	**33**	**5**	**7**	**5**	**Totals**	**32**	**6**	**9**	**6**

Baltimore	**110**	**201**	**000**	**5**
Toronto	**201**	**000**	**30x**	**6**

E—Mar.Reynolds (29). LOB—Baltimore 11, Toronto 5. 2B—Markakis (26), C.Davis (7), McCoy (6). HR—Cooper (2), Loewen (1). SB—K.Hudson (2), C.Davis (1). S—McCoy. SF—Guerrero, Bautista.

Baltimore	IP	H	R	ER	BB	SO
Tom.Hunter L,3-4	6 1-3	9	6	4	0	5
Eyre	1-3	0	0	0	0	0
Rapada	1-3	0	0	0	0	0
Bergesen	1	0	0	0	1	0
Toronto						
McGowan	3	3	4	4	5	0
C.Villanueva	2	3	0	0	1	1
Camp	1	1	1	1	2	1
Carreno W,1-0	1	0	0	0	0	1
Janssen H,7	1	0	0	0	0	0
F.Francisco S,14-18	1	0	0	0	1	2

T—3:01. A—14,235 (49,260).

LACROSSE

MANN CUP

CANADIAN SENIOR CHAMPIONSHIP

At Langley, B.C.
(Best-of-7)
All Times Eastern
BRAMPTON (ONT.) VS. LANGLEY (B.C.)
(Brampton leads series 2-1)
Last night's result
Brampton vs. Langley
Saturday's result
Brampton 8 Langley 7
Tonight's game
Brampton vs. Langley, 10:45 p.m.
Wednesday's game
x-Brampton vs. Langley, 10:45 p.m.

BASKETBALL

FIBA AMERICAS 2012 OLYMPIC QUALIFYING

At Mar del Plata, Argentina
Last night's results

BRONZE MEDAL

Dominican Republic 103 Puerto Rico 89

GOLD MEDAL

Brazil vs. Argentina

CFL

WEEK 11

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	10	7	3	0	242	229	14
Montreal	10	6	4	0	317	251	12
Hamilton	10	5	5	0	273	270	10
Toronto	10	2	8	0	206	290	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	10	7	3	0	269	258	14
Edmonton	10	6	4	0	229	227	12
B.C.	10	4	6	0	260	225	8
Saskatchewan	10	3	7	0	237	283	6

Yesterday's results
Montreal 43 Hamilton 13
Saskatchewan 45 Winnipeg 23
Saturday's results
B.C. 28 Toronto 6
Friday's result
Calgary 30 Edmonton 20

WEEK 12

All times Eastern
Friday, Sept. 16
Edmonton at Hamilton, 7:30 p.m.
Saturday, Sept. 17
Toronto at Saskatchewan, 4 p.m.
B.C. at Calgary, 7 p.m.
Sunday, Sept. 18
Winnipeg at Montreal, 1 p.m.

GOLF

LPGA NW ARKANSAS CHAMPIONSHIP

At Rogers, Ark.
Par 71 — Final Round
(x—won on first playoff hole)

x-Yani Tseng, $300,000	66-67-68—201
Amy Yang, $182,127	69-64-68—201
Ai Miyazato, $132,120	69-67-66—202
Cristie Kerr, $102,205	69-66-68—203
Sandra Gal, $68,636	70-70-64—204
Amy Hung, $68,636	71-67-66—204
Belen Mozo, $68,636	71-65-68—204

NFL

WEEK ONE

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Buffalo	1	0	0	1.000	41	7
Miami	0	0	0	.000	0	0
New England	0	0	0	.000	0	0
N.Y. Jets	0	0	0	.000	0	0

SOUTH

	W	L	T	Pct	PF	PA
Houston	1	0	0	1.000	34	7
Jacksonville	1	0	0	1.000	16	14
Tennessee	0	1	0	.000	14	16
Indianapolis	0	1	0	.000	7	34

NORTH

	W	L	T	Pct	PF	PA
Baltimore	1	0	0	1.000	35	7
Cincinnati	1	0	0	1.000	27	17
Cleveland	0	1	0	.000	17	27
Pittsburgh	0	1	0	.000	7	35

WEST

	W	L	T	Pct	PF	PA
San Diego	1	0	0	1.000	24	17
Denver	0	0	0	.000	0	0
Oakland	0	0	0	.000	0	0
Kansas City	0	1	0	.000	7	41

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Washington	1	0	0	1.000	28	14
Philadelphia	1	0	0	1.000	31	13
Dallas	0	0	0	.000	0	0
N.Y. Giants	0	1	0	.000	14	28

SOUTH

	W	L	T	Pct	PF	PA
New Orleans	0	1	0	.000	34	42
Tampa Bay	0	1	0	.000	20	27
Carolina	0	1	0	.000	21	28
Atlanta	0	1	0	.000	12	30

NORTH

	W	L	T	Pct	PF	PA
Chicago	1	0	0	1.000	30	12
Detroit	1	0	0	1.000	27	20
Green Bay	1	0	0	1.000	42	34
Minnesota	0	1	0	.000	17	24

WEST

	W	L	T	Pct	PF	PA
San Francisco	1	0	0	1.000	33	17
Arizona	1	0	0	1.000	28	21
Seattle	0	1	0	.000	17	33
St. Louis	0	1	0	.000	13	31

Yesterday's results
Arizona 28 Carolina 21
Baltimore 35 Pittsburgh 7
Buffalo 41 Kansas City 7
Chicago 30 Atlanta 12
Cincinnati 27 Cleveland 17
Detroit 27 Tampa Bay 20
Houston 34 Indianapolis 7
Jacksonville 16 Tennessee 14
Philadelphia 31 St. Louis 13
San Diego 24 Minnesota 17
San Francisco 33 Seattle 17
Washington 28 N.Y. Giants 14
Dallas at N.Y. Jets
Thursday's result
Green Bay 42 New Orleans 34
Tonight's games
New England at Miami, 7 p.m.
Oakland at Denver, 10:15 p.m.

TENNIS

U.S. OPEN

At New York

YESTERDAY

WOMEN
Singles — Championship
Sam Stosur (9), Australia, def. Serena Williams (28), U.S., 6-2, 6-3.
Doubles — Championship
Liezel Huber and Lisa Raymond (4), U.S., def. Vania King, U.S., and Yaroslava Shvedova (3), Kazakhstan, 4-6, 7-6 (5), 7-6 (3).
JUNIORS
Boys
Singles — Championship
Oliver Golding (13), Britain, def. Jiri Vesely (1), Czech Republic, 5-7, 6-3, 6-4.
Doubles — Championship
Robin Kern and Julian Lenz, Germany, def. Maxim Dubarenco, Moldova, and Vladyslav Manafov, Ukraine, 7-5, 6-4.
Girls
Singles — Championship
Grace Min, U.S., def. Caroline Garcia (1), France, 7-5, 7-6 (3).
Doubles — Championship
Irina Khromacheva, Russia, and Demi Schuurs (6), Netherlands, def. Gabrielle Andrews and Taylor Townsend, U.S., 6-4, 5-7, 10-5 (tiebreak).

SATURDAY

MEN
Singles — Semifinals
Novak Djokovic (1), Serbia, def. Roger Federer (3), Switzerland, 6-7 (7), 4-6, 6-3, 6-2, 7-5.
Rafael Nadal (2), Spain, def. Andy Murray (4), Britain, 6-4, 6-2, 3-6, 6-2.
Doubles — Championship
Jurgen Melzer, Austria, and Philipp Petzschner (9), Germany, def. Mariusz Fyrstenberg and Marcin Matkowski (6), Poland, 6-2, 6-2.
WOMEN
Singles — Semifinals
Serena Williams (28), U.S., def. Caroline Wozniacki (1), Denmark, 6-2, 6-4.
Sam Stosur (9), Australia, def. Angelique Kerber, Germany, 6-3, 2-6, 6-2.

CYCLING

VUELTA A ESPANA

At Madrid
Final Stage
95.63 kilometres
1. Peter Sagan, Slovakia, Liquigas-Cannondale, two hours, 20 minutes, 59 minutes; 2. Daniele Bennati, Italy, Leopard Trek, same time; 3. Alessandro Petacchi, Italy, Lampre, s.t.; 4. John Degenkolb, Germany, HTC, s.t.; 5. Nikolas Maes, Belgium, Quick Step, s.t.; 6. Pim Ligthart, Netherlands, Vacansoleil, s.t.; 7. Christopher Sutton, Australia, sky, s.t.; 8. Koen De Kort, Netherlands, Skil Shimano, s.t.; 9. Bauke Mollema, Netherlands, Rabobank, s.t.; 10. Vicente Reynes, Spain, Omega Pharma Lotto, s.t.
OVERALL STANDINGS
(final after 21 stages)
1. Juan Jose Cobo, Spain, Geox, 84 hours, 59 minutes, 31 seconds; 2. Christopher Froome, Britain, Sky, 13 seconds behind; 3. Bradley Wiggins, Britain, Sky, 1:39; 4. Bauke Mollema, Netherlands, Rabobank, 2:03; 5. Denis Menchov, Russia, Geox, 3:48; 6. Maxime Monfort, Belgium, Leopard Trek, 4:13; 7. Vicenzo Nibali, Italy, Liquigas-Cannondale, 4:31; 8. Jurgen Van Den Broeck, Belgium, Omega Pharma Lotto, 4:45; 9. Daniel Moreno, Spain, Katusha, 5:20; 10. Mikel Nieve, Spain, Euskaltel-Euskadi, 5:33.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Columbus	27	11	9	7	33	34	40
Kansas City	28	10	8	10	43	36	40
Philadelphia	27	8	7	12	35	30	36
Houston	28	8	9	11	34	36	35
D.C. United	25	8	7	10	37	35	34
New York	27	6	6	15	42	38	33
Chicago	27	4	8	15	30	35	27
New England	28	5	11	12	32	43	27
Toronto	29	5	12	12	30	51	27

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Los Angeles	28	15	3	10	40	22	55
Seattle	28	13	6	9	43	31	48
Dallas	28	13	8	7	36	31	46
Real Salt Lake	26	13	7	6	37	22	45
Colorado	29	10	8	11	39	37	41
Portland	27	9	12	6	33	41	33
Chivas USA	28	7	11	10	32	33	31
San Jose	27	6	10	11	29	35	29
Vancouver	27	4	13	10	28	43	22

Note: Three points for a win, one for a tie.
Saturday's results
Toronto 4 Columbus 2
Vancouver 1 New York 1
D.C. United 3 Chivas USA 0
Kansas City 3 Houston 0
New England 2 Dallas 0
Portland 0 Philadelphia 0
Real Salt Lake 2 Seattle 1
San Jose 2 Chicago 0
Wednesday's game
All Times Eastern
Houston at Columbus, 7:30 p.m.

NASL

Yesterday's results
Montreal 1 Carolina 0
Fort Lauderdale at Edmonton
Saturday's results
Minnesota 2 Atlanta 0
Tampa Bay at Puerto Rico (ppd., rain; rescheduled to Sept. 21)

ENGLAND

PREMIER LEAGUE

Yesterday's results
Norwich 0 West Bromwich Albion 1
Fulham 1 Blackburn 1

FRANCE

LIGUE 1

Yesterday's results
Montpellier 1 Nice 0
Nancy 0 Auxerre 0
Paris Saint-Germain 1 Brest 0

GERMANY

BUNDESLIGA

Yesterday's results
Cologne 1 Nuremberg 2
Wolfsburg 2 Schalke 1

ITALY

SERIE A

Yesterday's results
Catania 0 Siena 0
Chievo Verona 2 Novara 2
Fiorentina 2 Bologna 0
Genoa 2 Atalanta 2
Lecce 0 Udinese 2
Juventus 4 Parma 1
Palermo 4 Inter Milan 3
Roma 1 Cagliari 2

EAST AFRICAN FAMINE DONATIONS DOUBLED

Your help is urgently needed to save lives. September 16 deadline for match by Canadian government.

Famine and severe drought across large parts of Kenya, Ethiopia and Somalia threaten the lives of millions of children and their families.

Your gift today will rush food, clean water, shelter and medical supplies to families fighting for survival.

ACT NOW BEFORE SEPT 16!

PLEASE GIVE NOW.
Text: "together" to 41010 to donate $10.
Go online: www.together.ca
Call: 1-800-464-9154

care Oxfam Canada Oxfam Québec Plan Save the Children Canada

THE HUMANITARIAN COALITION:
Together – saving more lives.

Stosur wins Open final

Williams gets into argument with chair umpire

Already being outplayed by Sam Stosur in the U.S. Open final, the last thing Serena Williams needed was to lose a game for yelling during a point.

That's exactly what happened early in the second set, leading to an argument between Williams and the chair umpire, a scene less ugly than — but reminiscent of — the American's tirade two years ago at the same tournament. In the end, Stosur beat Williams 6-2, 6-3 yesterday in a surprisingly lopsided upset for her first Grand Slam title.

"I think I had one of my best days," Stosur said. "I'm very fortunate to do it on this stage."

Hitting powerful strokes from the baseline, and looking fresher than the far-more-accomplished Williams right from the start, the ninth-seeded Stosur became the first Australian woman to win a major championship since Evonne Goolagong Cawley at Wimbledon in 1980.

"She played really, really well. I mean, I don't think she's ever played that well."
SERENA WILLIAMS, ON SAM STOSUR

Only 2-9 in tournament finals before beating Williams, Stosur made the U.S. Open the third consecutive Grand Slam tournament with a first-time women's major champion, after Li Na at the French Open, and Petra Kvitova at Wimbledon.

This was only the 27-year-old Stosur's third title at any tour-level event, and what a way to do it. She took advantage of Williams' so-so serving and stayed steady throughout despite the bizarre events that unfolded in the second set.

Indeed, the biggest victory of Stosur's career so far likely will be recalled by everyone else for Williams' latest dispute with an official at Flushing Meadows.

Down a set and facing a break point in the first game of the second, Williams hit a forehand and shouted, "Come on!" as Stosur reached down for a backhand. Chair umpire Eva Asderaki ruled that Williams hindered Stosur's ability to complete the point and awarded it to Stosur — putting her ahead 1-0 in that set. THE ASSOCIATED PRESS

NICK LAHAM/GETTY IMAGES

▶ Sam Stosur returns a shot against Serena Williams.

Djokovic holds recent edge over Nadal

When Novak Djokovic faced Rafael Nadal in the 2010 U.S. Open final, the guy everyone calls "Rafa" solidified his standing atop the tennis world by earning third Grand Slam title of the season.

Now it's "Nole" who gets a chance to add to his own remarkable run: A victory over Nadal in the title match at Flushing Meadows today would make Djokovic 64-2 in 2011 with 10 titles, including three at majors.

At the end of 2010, Nadal led Djokovic 16-7 in head-to-head matches, including 5-0 in tournament finals and 5-0 in Grand Slam meetings.

It's been a whole different story of late.

Heading into today — the fourth year in a row the U.S. Open has stretched into an extra day because of rain — Djokovic is 5-0 against Nadal in 2011.

THE ASSOCIATED PRESS

Apartment Finder

To advertise contact Ian March at 416-443-4388

LIVE IN ANY OF THESE CERTIFIED RENTAL BUILDINGS

TORONTO CENTRAL

YONGE ST & LAWRENCE	3000 YONGE ST	416-529-1697
Bach from $860 (not available) 1 Bdrms from $1030 2 Bdrms from $1450 (not available)		Heat and Hot water is included Hydro is extra.
BATHURST & EGLINTON	630 ROSELAWN	416-782-9119
Bachelor from $850 1 & 2 bdrms from $1075		Parking & utilities included

NORTH YORK

KEELE & LAWRENCE	2050 KEELE ST	416-575-4821 / 416-249-1144
Jr 1 Bd from $795 1, 2, & 3 Bdrms from $835		
JANE & LAWRENCE	1755 JANE ST	416-248-9735 / 416-529-8964
Jr 1 Bd from $775 1 & 2 Bdrms from $825		Ask about our 1st mth free move in incentive

MISSISSAUGA

LAKESHORE & CLARKSON GO STATION	2150 BROMSGROVE	416-529-1761
1 & 2 Bdrms from $1025		1 month free on select suites

*HAS YET TO BE CERTIFIED

FOR MORE INFORMATION AND PICTURES VISIT WWW.OSHANTER.COM

O'SHANTER Managing to do the right thing

BATHURST & STEELES
6000 Bathurst St.
1 BDRM FROM $1060
2 BDRM FROM $1200
3 BDRM FROM $1495
Indoor pool, new windows
Public transit at the door
Close to Promenade & Centrepoint Mall
CALL 416•529•3867
www.oshanter.com

KING & JAMESON
Toronto IS expensive!
Ahead of the curve
Liberty West
Bargain Downtown Living
Renovated apartments
Bachelor: from $705 + hydro
1 Bedroom: from $875 + hydro
CALL ANN 416-534-5610
torontorentals.com/109jameson

BATHURST & STEELES
2100 Bathurst St.
1 BDRM FROM $1195
15 DAYS FREE MOVE IN INCENTIVE
Fully renovated one bedroom apartments
Newly renovated hallways
Great location
Ask about our move in incentives
CALL 416•529•3867
www.oshanter.com

JANE/STEELES
310/320 Niska Road (north york)
FRESHLY PAINTED AND WELL MAINTAINED
Spacious 2 bdrm units from $900/mo.
Walk to York University
Parking Available
Large balconies
Call 416-720-9500

BLOOR / MT. PLEASANT
5 & 11 Elm Ave
1 & 2 Bedrooms from $1,350
• Close to all amenities
• Walk to TTC
• All renovated apts
Ask about our incentives
CALL 416•966•9052 / 416•528•4356
email: rkrehm@oshanter.com

PHARMACY & DANFORTH AVE.
1 bd. from $835 2 bd. from $975
Utilities included, New kitchen & bathroom on select suites, security, shops on site, short walk to Victoria Park subway
Mon-Fri 9-5 Sat 12-5
416.694.3187
WWW.PRINCESSMGMT.COM

ADMITTING YOU WANT TO WIN PRIZES & GET GREAT DISCOUNTS IS THE FIRST STEP.
REGISTER AT CLUBMETRO.COM
clubmetro.com

KENNEDY & 401
4a Antrim Crescent
1BD FROM $875
2 BD FROM $975
One month FREE on select suites
Close to Day Care Centre, Shopping, transport
CALL 416•529•9644
www.oshanter.com

AVENUE RD. & ST. CLAIR
425 Avenue Road
1 Bedrooms FROM $1350
NEWLY renovated
Spacious, hardwood floors
Steps to Ave Rd & St. Clair intersection
Upscale neighborhood
Close to amenities
CALL 416•526•8982
www.oshanter.com

FACING DUNDAS WEST SUBWAY STATION
BACHELOR FROM $779
1 BDRM FROM $989
2 BDRM $1,299
A/C / Indoor Pool / Indoor Mall
Management On-site
24hrs security / Utilities Incl.
2340 Dundas St. West
416-532-3331

YONGE & DAVISVILLE
Brentwood Towers
BACH, 1&2 BR FROM $835
Spacious & newly-renovated
Steps to subway
Upscale Neighbourhood
Convenience store in complex
Property is a Certified Rental Building!
CALL 416•485•2538
11am-7pm weekdays, 10am -4pm Saturdays
www.oshanter.com

Calvillo lets loose against Tiger-Cats

Anthony Calvillo and the Montreal Alouettes were determined yesterday not to be relegated to third place in the East Division before their home fans.

Calvillo threw for 421 yards and four touchdowns, including three in the second quarter, to lead Montreal to a convincing 43-13 win over the Hamilton Tiger-Cats. Calvillo enjoyed his second 400-yard game of the season as the defending Grey Cup champions won for the first time in three games and avenged an embarrassing 44-21 road loss to the Ticats on Labour Day.

"There was a sense of urgency on our side," Calvillo said. "We knew that and we talked about that in our locker-room.

"That's why I'm proud of the guys, the way they came and responded because we've been talking so much about doing this and doing that and we haven't done it, but today we backed it up. We need that same intensity as we move forward."

Montreal (6-4) moved into sole possession of second in the East Division ahead of third-place Hamilton (5-5).

Jamel Richardson had seven catches for 113 yards, including his eighth TD of the season, and Brandon London recorded his first career touchdown catch. THE CANADIAN PRESS

Service Directory

To advertise contact Ian March at 416-443-4388

FINANCIAL

MONEY PROBLEMS?®
Make One Small Monthly Payment For all your DEBTS!
NO NEED FOR BANKRUPTCY
◆ Stop Collection Calls
◆ Reduce Your Debts
◆ Stop Wage Garnishment
◆ Stop Interest Right Away
◆ Re-Establish Your Credit
gta credit
Contact us for a Private & Confidential meeting with one of our Govt. Registered Counsellor
Call Now: 310-7700 (no area code required)
Visit: GtaCredit.Com
10 Convenient Locations Ajax - Brampton - Barrie - Hamilton - London - Mississauga North York - Oshawa - Scarborough - Downtown Toronto

OVERWHELMED BY DEBT?
Call the Licensed Debt Professionals™
GET OUT OF DEBT!
▸ Avoid Bankruptcy
▸ 1 Low Monthly Payment
▸ No Interest Charges
▸ Stop Collection Calls
▸ Government Licensed Proposal Administrators
David Sklar, C.A., CIRP, Trustee
FREE Consultation 310-9200
(NO AREA CODE NEEDED)
DAVID SKLAR & ASSOCIATES INC.
Licensed Credit Counsellors · Licensed Proposal Administrators · Trustee in Bankruptcy
HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
NORTH YORK | TORONTO | PICKERING / AJAX | MISSISSAUGA / ETOBICOKE
For more information visit us online at www.DavidSklar.com

WIPE OUT YOUR DEBTS. FAST!
For Immediate Relief Call 310-1100
FREE CONSULTATION
A. Farber & Partners Inc.
Licensed Credit Counsellor – Trustee in Bankruptcy
www.afarber.com
R PLAN REVIEW • RELIEF REBUILD

Debt Relief
Are you struggling with debts?
Let us help you:
• consolidate debts and make low monthly payments
• settle debts without bankruptcy, no interest
• reduce the amount to pay back
• stop harassing calls, letters & garnishments
Nona Ramcharan Estate Administrator Credit Counsellor
Free Confidential Consultation
Direct Line: 416-455-7709
RUMANEK & CO. LTD.
Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements
Offices in North York, Scarborough & Mississauga
Tel: 416-665-DEBT

PFS Need a loan? Bankrupt? Proposal? Bad Credit?
Get the LOWEST rates for bad credit personal loans in the gta!
• Car paid off - up to $20,000 (6 years or newer)
• Personal Loan up to $5,000 (1 year on job; $16/hr. min.req.)
Prudent Financial Services
The leader in bad credit loans since 1984.
416-634-2013
PrudentLoanApprovals.com

CREDIT PROBLEMS? Pay NO Interest!
$ SAVE $ MONEY
Consolidate All Your Debts Into ONE SMALL MONTHLY PAYMENT!
We beat any offer in Ontario GUARANTEED!
Call Now.. 416-900-2324
EMPIREONE CREDIT SOLUTIONS
Free & Private Consultation
SCARBOROUGH 250 Consumers Rd. Suite 810
PICKERING 1550 Kingston Rd. Suite 202
NORTH YORK 1111 Finch Ave. W. Suite 207
MISSISSAUGA 165 Dundas Ave. W. Suite 307

NEED MONEY?
✓No credit checks
✓Fast approvals
Call 1.866.499-5629
And get cash now!!
www.mynextpay.com

DO YOU HAVE LOCKED-IN PENSION MONEY?
You can have your money from a former pension if you are in financial problems.
(416)832-4468
Pension Benefits Claims

LEGAL

HAS YOUR SHORT OR LONG TERM DISABILITY CLAIM BEEN DENIED?
HAVE YOU BEEN WRONGFULLY TERMINATED FROM YOUR JOB?
Free initial consultation - No fee until we settle
Call Stephen Ellis
B.A. (Hons.), LL.B, Barrister & Solicitor
Tel: (416) 512 2301 • Fax: (416) 512 2025
stephen@ellislaw.ca

PSYCHICS

Shaman AMAZONIAN SHAMAN 100% GUARANTEE
Healer of Birth
I know the jungle secret's to achieve what is so difficult and impossible.
• Return your love one regardless the circumstances and distance
• Heal all manner of disease and negative influences
• Show the enemy face
• Fix any kind of problem
• Clean houses and business
REAL TESTIMONIAL
We are for about five years in this country, we were able to settle down and start our own business, but at any moment we started to fight and we had many problems in our relationship to the point that we closed our family business, now all that belong to the past and we are starting again, thanks for your help SHAMAN. WILLIAMS FAMILY
I don't have margin of error. 33 years of experience.
647-349-7644

PSYCHIC READER
Are you having problems? Worried? Unhappy or separated from the one you love? Then call me! I can and will bring back the one you love! Control his or her mind; call out your enemies by name, remove all evil, bad luck and negativity from your life.
Control all legal problems and immigration
Call toll free 1.888.771.5565 for a free reading

MoneyProvider.com
$500 Loan and more
No credit refused
Fast, easy and secure
www.moneyprovider.com
1-877-776-1660

MORTGAGE APPROVED!
• 1st and 2nd Mortgage for any purpose.
• Purchase or re-finance up to 95%.
• With rates at historic lows, now is the time to re-finance your home!
• Consolidate cards into 1 payment
• Self-employed? Stated income.
• Good, bad or no credit?
• Behind in Mortgage Payments?
CALL TODAY FOR DETAILS
HOMELAND MORTGAGE
416-913-9593
OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG
License # 11991

True Appiness
Download the METRO APP for your iPad, Android, BlackBerry and iPhone.
metro

find us
follow us
like us
We're all over your city in more ways than one. Metro brings you breaking news and great reviews.
metro

Condos, Townhouses & Duplexes Unfurnished | Condos, Townhouses & Duplexes Unfurnished | Condos, Townhouses & Duplexes Unfurnished | Condos, Townhouses & Duplexes Unfurnished | Condos, Townhouses & Duplexes Unfurnished | Condos, Townhouses & Duplexes Unfurnished

IT'S READY! ARE YOU?

Now Accepting Rental Applications!

REVE at 560 Front Street West - Tridel Built Condo at Front/Bathurst

www.delrentals.com/toronto

Contact Kim Hayman at: kim@delrentals.com

DEL® CONDOMINIUM RENTALS

HELP WANTED

General Help

COMPASS GROUP JOB FAIR
Starbucks & Extreme Pita
Thur September 15, 2011 from 8:00 am - 7:00pm
at Keenan Research Centre
(St. Michaels Hospital)
209 Victoria St., Toronto M5B 1C6
Please bring resume.

STARBUCKS COFFEE | EXTREME Pita

Seeking Full Time Representatives
to help keep up with our ever growing business demands. Earn avg. of $800 per week. No experience necessary. Training provided for accepted applicants. Students welcome. Scholarships available. Fantastic career opportunities!
Call:416.290.6820

NO EXPERIENCE? NO PROBLEM!
Looking for a Career in Skilled Trades?
Pursue a Career in:
Electrical, Network Cabling, Plumbing, Gas Technician 3, HVAC, Appliance Service, Carpentry, Craftworker.
OPEN HOUSE
Wednesday, September 14, 2011 6:30 p.m.
11 Kodiak Crescent
Toronto, Ontario
Call to book a seat!
1-888-501-9272 or www.youthac.ca

Education

All LANGUAGE CLASSES AT $7 / h
ESL, English, French, Spanish, and more.
TOEFL, IELTS, ECA, Student Visa at low fees
www.ccet.ca or call 416-926-0540

Education

Driving lesson $25/hr
•Out of City Road Test
•In Car, In Class Training
•Insurance Discount
call (416)937-7433
ABMDriving.com

DRIVING SCHOOL
G2 and G Licensing Available
1hr/ $27.00 Drive Test $80.00
Please call Igor 416-818-9648

LEARN & EARN
Funding may be available
PSW
Accounting and Payroll Administration
Medical Office Assistant
RN/RPN Review $499
G2/G Driving course $289
Food Handling course $85
Canadian Security Course $599
First Aid/CPR $90
Call (416)913-4700
ABM COLLEGE

Volunteers Wanted

Truestar Health requires volunteers to participate in a paid weight loss program. We offer cutting-edge website, counselling, nutrition, supplements during our 90-day challenge. Send a picture along with a brief blurb as to why you are looking to lose weight to: marina@truestarhealth.com

SERVICES

Administrative

RESUMES, COVER LETTERS
92% SUCCESS RATE
416-755-9198
WWW.DBPC.CA

Psychics

PANDITH: SHIVARAJBABA
THE MOST POWERFUL SPIRITUALIST FROM INDIA
(International Astrologer)
SPECIALIST IN ALL KINDS OF ASTROLOGY
Financial Matters, Job, Family Problems, Love, Education, Marriage Problems, Health, Children Problems, Spousal Conflicts, Depression, Enemy Problems, Evil Spirit Problems
100% Removal of Evil Spirits & BLACK MAGIC
CELL: 416-826-1338
289-218-6506

ARE YOU SUFFERING?
WITCH, HEALER & ADVISER
I GUARANTEED HELPING YOU WITH THE FOLLOWING ISSUES:
- Attack, dominate and bring back your love one
- Remove all witchcraft and evil influence
- Readings: tarot, aura, tobacco, palm, etc.
- Finding solutions for money problems, bad luck and health
- Show you the face of your enemy

I ONLY ACCEPT DIFFICULT CASES
BY APPOINTMENT ONLY
647-717-2069
REAL TESTIMONIALS

Kisses that I thought I wouldn't never get from her again since I saw her becoming more and more distant from me. My hopes were shattered and even more when I went to places that promised to bring her back and only stole my money. The Shaman however, did as promised and brought her back. I highly recommend the Shaman.
100% GUARANTEED
SIMON PETERS & SOFI CADAVIS

Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

Psychics

WORLD RENOWNED SPIRITUALIST ASTROLOGER
Pandit: KUMAR
All Nationalities Welcome
I will remove and destroy all bad luck, witchcraft, obeya, jado, voodoo, black magic & protect you from evil.
Astrology protection is god's gift.
416-669-3747
Airport & Derry

Legal

PARALEGAL
• Traffic Tickets
• Criminal Pardons • US Waivers
• License Suspensions • Criminal Charges
Driver's Edge Ontario (416) 364-5627
Suite # 204 - 2075 Lawrence Ave East, TO
brad@driversedgeontario.ca

SADIE LEGAL SERVICES PC
We understand the prolonged effects of accident or medical negligence. Free consult.
905-896-3636 www.getcompensation.ca

HEALTH & BEAUTY

Spa Services

$30 SPECIAL FOR MANI & PEDI
CALL US NOW - Ecellent Service!
THINK PINK SPA
Located in Little Italy West (647)351-8896

ANNOUNCEMENTS

Community Events

FREE FAMILY THERAPY!
IS YOUR FAMILY IN CRISIS?
Documentary producer wants to follow the therapy process for a possible TV series.
We will match you with a top therapist in Toronto and pay for eight sessions.
If you are interested in working with a qualified therapist and are willing to let part of the process be filmed, please call us at 416-913-0998, Ext 231, or reply to realtherapy2011@gmail.com
Discretion and respect assured.

Place your ad in Metro classifieds
metroclassifieds.ca
1 800 527-6767

Community Events

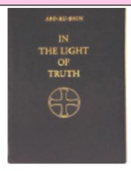
BRIDAL/EVENING WEAR SALE
Bridal Dresses Starting at $19.95
- BRIDAL GOWNS
- BRIDES MAIDS
- GRADUATION
- PURSES
- MOTHER OF THE BRIDE
- CONFIRMATION
- EVENING DRESSES
- SHOES
- FLOWER GIRL
- PROM
- NEW YEARS
- ACCESSORIES

75-90% off
1111 Finch Avenue West
Unit 28, Toronto, Ont.
M3J 2E5
Two lights West of Dufferin St.
www.bailiffsale.com

4 DAYS ONLY
SEPT. 15 THURS 12 - 8
SEPT. 16 FRI 12 - 8
SEPT. 17 SAT 10 - 6
SEPT. 18 SUN 10 - 5

BRAND NAMED CONSUMER GOODS
- appliances
- tools
- toilets
- cleaning aids
- hardwood flooring
- health products
- shampoo/conditioner
- nylons/socks
- hair color
- home decor
- razors
- perfume
- beauty
- skincare
- jewelry

Spiritual



"Keep the hearth of your thoughts pure"
ABD-RU-SHIN.
www.alexander-bernhardt.com

HOUSEHOLD SERVICES

Movers

INSURED MOVING COMPANY
Reliable, 24/7 Service , Small to Big Jobs, Commercial & Residential. Great Rates Call
(416)514-0257 24hr(647)857-9111

Community Events

Condos, Townhouses & Duplexes For Sale | Condos, Townhouses & Duplexes For Sale | Condos, Townhouses & Duplexes For Sale | Condos, Townhouses & Duplexes For Sale | Condos, Townhouses & Duplexes For Sale | Condos, Townhouses & Duplexes For Sale

SPECIAL INCENTIVE OFFERS*
Weekend of Sept 17th & 18th, 2011
127 Lakeshore Road West, Oakville
*Ask agent for Limited Time SPECIAL INCENTIVE OFFERS

OPEN HOUSE
Sept 17 & 18
9AM - 6PM
RSVP

WINDERMERE MANOR

Oakville's Downtown Hallmark Green Building

Large Luxurious Executive Suites (1162 - 1312 SQ FT, **Priced from $410 per SQ FT**)

FEATURES INCLUDE:
- Geothermal Technology
- State of the Art Fitness Centre
- Indoor Pool, Hot Tub and Sauna
- Main Floor Board Room and Library
- Private Roof Top Gardens
- Entertainment Complex
- Underground Auto Spa
- And many more unique features

WINDERMERE MANOR

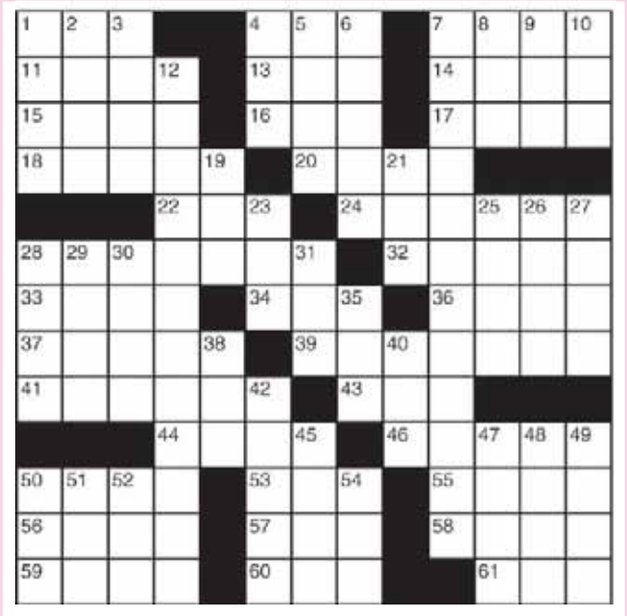
Exclusively represented by Royal Le Page Signature Realty.
Not intended to solicit those under contract with another Realtor.

Dolly Dhaniram Sales Representative
416-443-0300 (office) or **416-706-1389** (cell)
www.windermere-manor.ca

ROYAL LEPAGE Signature Realty IND. OWNED & OPERATED BROKERAGE

CLASSIFIEDS CUSTOMER SERVICE: 1 800 527-6767 – MONDAY TO FRIDAY 8:30 AM TO 6:00 PM (ATL) Metro requests that advertisers check their advertisement upon publication and advise Metro immediately if there are any copy errors in the advertisement as published. Metro will not be responsible for any error other than an incorrect insertion due to any act or omission of Metro. In any event Metro will only be responsible for one incorrect insertion of any particular ad regardless of the number of times such ad is run incorrectly. Metro's liability for any such error is limited to the amount actually paid by the Customer for a single publication of the advertisement in the space the ad is run. In no event shall Metro be liable for any non-insertion of any advertisement for any reason whatsoever. All copy is subject to the approval of the management of Metro. Metro reserves the right to classify all advertisements.

Crossword



Across

1 Assn.
4 Photo, for short
7 Brussels-based alliance
11 Reddish horse
13 Parisian pal
14 Valhalla VIP
15 Othello's foe
16 Carpet
17 "Finding —"
18 $1,000
20 Long story
22 Pick a target
24 Saskatchewan's capital
28 Mixture
32 NYC Marathon founder Fred
33 Body powder
34 Hoover, for one
36 Hawaiian fowl
37 Acrylic fiber
39 At ease
41 Interlocked
43 Kids' card game
44 Wilson of "Midnight in Paris"
46 Cockpit occupant
50 First victim
53 Journal
55 Verdi opera
56 Short skirt
57 Actress Gardner
58 Black (Fr.)
59 "Back in Black" rock band
60 Sweet potato
61 Trawler need

Down

1 First (Abbr.)
2 Sound from 47-Down
3 Pop singer Lady —
4 Standard
5 Radio host Don
6 Stogie
7 One approaching 100
8 Citric drink
9 Allen or Curry
10 John's Yoko
12 Virgin, to a bartender
19 Use a shovel
21 Solidify
23 Crazy
25 Mountain goat
26 Zilch
27 Dumbstruck
28 Molecule component
29 Stallion's partner
30 "— Well That Ends Well"
31 Scratch
35 Kitten's call
38 Fresh
40 Once around the track
42 Postpone
45 — Scotia
47 Jungle critter
48 Garfield's pal
49 Small pie
50 "I — Camera"
51 Pen name? 52 Conclusion
54 Group of whales

▶ Friday's answer

Sudoku

	2		3			6	7	
3				2		1		4
1				5				
	5	7			3		6	
				9				
	6		8			9	5	
				8				3
7		1		6				2
	8	9			4		1	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Pie
When times are tough and things get you down. Think of your muffin being around. When I think of you pie, I wonder why your not here by my side. Baking with you is a treat. I've been missing you taking a seat! Hope to see you this week.
FROM MUFFINMAN

Someone
Can you pl. be specific with initials? If it is me, I must know that. **FROM SOMEONE**

Tristan Larson
I happen to regret a lot in my life, things i wish i did different, things i wish never happened, but truth be told all of it happened for a reason and that reason is to have met you, i may not know how you feel towards me but i know what i feel for you, and what i feel every time i talk to you.
FROM FLIPPY

Today 27°/16° Thundershowers 40%
Tuesday 27°/11° Thundershowers 40%
Your #1 weather forecast now available in HD.
Check your local listings for details.
The Weather Network | HD
©The Weather Network 2011

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 If there are things you need to discuss wait until later in the week.

♉ Taurus April 21-May 21 The less you reveal about your plans the better.

♊ Gemini May 22-June 21 Keep a cool head and don't let the pressure get to you.

♋ Cancer June 22-July 22 It may be annoying that family members don't seem that interested in what you are up to but they have their own lives to deal with.

♌ Leo July 23-Aug.23 Make every word count. Try not to be rude though.

♍ Virgo Aug. 24- Sept. 22 Not everyone merits your help but it will pay you to be kind even to those who do not deserve it.

♎ Libra Sept. 23-Oct. 23 Face up to reality today, no matter how unappealing it may be.

♏ Scorpio Oct. 24-Nov. 22 You will find it hard to stay focused today as the full moon pulls you first this way then that.

♐ Sagittarius Nov. 23-Dec. 21 Be honest with friends and colleagues today, even if you know that what you have to tell them is not what they want to hear.

♑ Capricorn Dec. 22-Jan. 20 This is exactly the right time to finalize plans and commit yourself to a goal you may have been unsure about before. Go for it!

♒ Aquarius Jan. 21-Feb. 18 Your ideas are as good as anyone else's ideas so don't think of changing them just because certain individuals seem unimpressed.

♓ Pisces Feb. 19-March 20. Sometimes it feels good to let it all out — for you, if not for everyone else! SALLY BROMPTON

Caption contest

RICK BOWMER/ THE ASSOCIATED PRESS

CHRISTOPHE ENA/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

LOVE TO PLAY?
Get more Metro puzzles and games on your iPhone with the FREE Metro Play app – updated daily!
Available on the App Store
metro play

Medix School
Real People. Real Training. Real Jobs.
www.medixschool.ca
Your Tomorrow Can Start Today!
Apply Now! August Classes Starting in...
• Medical Office Assistant
• Community Service Worker
• Personal Support Worker
• Dental Hygiene
• Intra Oral Dental Assistant (Level I and II)
• Medical General Laboratory Assistant
Toronto Campus 1-866-970-9216
Scarborough Campus 1-888-815-2283
Brampton Campus 1-888-815-3187

I'm running to inspire others to do the same.

Rosey Edeh
Senior Reporter,
Entertainment Tonight Canada

Join us on **Sunday, October 2** for the

Canadian Breast Cancer Foundation

CIBC Run for the Cure†

Visit a CIBC branch today, make a donation and select a gift from the CIBC Pink Collection™.

Visit cibc.com/runforthecure
and like us on /cibccommunitymatters

Download a free app at getmobio.com
Scan the QR code to register and donate.

Canadian Breast Cancer Foundation 25 Years™

CIBC

For what matters.

™Trademark of the Canadian Breast Cancer Foundation, used under license. †Canadian Breast Cancer Foundation, Run for the Cure and pink ribbon ellipse are trademarks of the Canadian Breast Cancer Foundation. "CIBC Pink Collection" and "CIBC For what matters." are trademarks of CIBC.